

EDITH A. ROBERTS
AND
ELSA REHMANN



AMERICAN
PLANTS
FOR
AMERICAN
GARDENS

Foreword by Darrel G. Morrison

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*American Plants for
American Gardens*

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American Plants for American Gardens

EDITH A. ROBERTS

and

ELSA REHMANN

Foreword by Darrel G. Morrison

The University of Georgia Press

Athens & London

Published in 1996 by the University of Georgia Press
Athens, Georgia 30602

www.ugapress.org

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Printed digitally in the United States of America

Library of Congress Cataloging-in-Publication Data
LCCN Permalink: <http://lcn.loc.gov/unk80013302>

Roberts, Edith A. & Rehmann, Elsa.

American plants for American gardens / Edith A. Roberts and
Elsa Rehmann; foreword by Darrel G. Morrison.

p. cm.

Originally published: New York: The Macmillan Company, 1929.

Includes Index.

ISBN 0-8203-1851-5 (alk. paper)

1. Native plant gardening—East (U.S.)
 2. Native plants for cultivation—East (U.S.)
 3. Landscape gardening—East (U.S.)
 4. Landscape plants—East (U.S.)
- I. Rehmann, Elsa. II. Title

SB439.24.E3R635 1996

635.9'5174—dc20

96-11362

British Library Cataloging-in-Publication Data available

ISBN for this electronic edition: 978-0-8203-4056-2

ACKNOWLEDGMENTS

In 1924, the Conservation Committee of The Garden Club of America published with the Bulletin a booklet by Edith A. Roberts and Margaret F. Shaw on The Ecology of the Plants Native to Dutchess County, New York. This booklet with its lists of plants arranged according to ecological associations suggested the idea for a series of articles which appeared in *House Beautiful* under the title of Plant Ecology and are now presented in this book.

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In accordance with provisions of the International Code of Botanical Nomenclature, many of the scientific names of plant species included in the community lists in *American Plants for American Gardens* have been changed since the 1929 publication date. Grateful acknowledgment is made to Dr. Haynes Currie for contributing his expertise in plant taxonomy to update the plant lists to the current nomenclature. The 1929 names have been retained in the plant lists within the text; the old and the new nomenclature for plants whose names have been changed are included in an appendix at the end of the book under the appropriate plant-community heading.

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FOREWORD

DARREL G. MORRISON

I was first introduced to *American Plants for American Gardens* in 1963, while working as a fledgling landscape architect in the Washington, D.C., area. At that time, the book had been published more than three decades earlier, in 1929, and was authored by two faculty members at Vassar College: Dr. Edith Roberts, professor of botany, and Elsa Rehmann, landscape architect, writer, and lecturer on landscape gardening. Now, at a time when we often lament the loss of a sense of place, and as “sustainability” becomes an increasingly popular catchword in landscape design and management, this volume has a message that is as valid today as it was the day it was published: the naturally evolved associations of native plants within a particular region can provide both information and inspiration for the design of gardens and landscapes that are ecologically sound and aesthetically satisfying. Furthermore, by utilizing patterns and processes that are intrinsic to naturally evolved landscapes, we can create designed and managed landscapes that are clearly “of the place” and that approach the ideal of sustainability. By conscientiously following this model, we can also protect biological diversity in the human-dominated landscape. The fact that these ideas are extremely relevant in today’s world testifies to the initial viability of Roberts and Rehmann’s compact volume, as well as to its long-term logic, its own sustainability over the decades.

Sadly, much of that logic failed to flow into the mainstream of landscape design and management practices during several of

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the intervening decades between the book's first publication and the present. It has been only since the 1970s, following the first Earth Day in this country, that many of the ideas advanced in *American Plants for American Gardens* have resurfaced in the literature of landscape architecture. Today, native landscape proponents in this country are viewed with a certain skepticism and even suspicion in some quarters.

The seeming disappearance of Roberts and Rehmann's ideas during the mid-twentieth century, and their more recent resurgence, will be treated later in this foreword. First, however, their work will be placed in the context of the flow of events in the authors' two complementary but different disciplines: plant ecology (Roberts) and landscape architecture (Rehmann). It should be noted that *American Plants for American Gardens* is a slightly revised compilation of twelve articles first published in *House Beautiful* magazine between June 1927 and May 1928 under the general heading "Plant Ecology." The authors observe in the first article of the series and in chapter one of the book that plant ecology is "a comparatively new study of plants in relation to their environment."

PLANT ECOLOGY UP TO THE 1920S

Coined in 1866 by Ernst Haeckel, the term "oecologie" derives from the Greek "oikos," which originally referred to the family household or home and its daily operation and management. But it was not until 1895 when Danish professor Eugenius Warming published his treatise, *Plantesamfund*, that a concept of plant communities was explicitly advanced (Worster 1985). The translation of Warming's work into English was entitled *The Oecology of Plants: An Introduction to the Study of Plant Communities*. In this work, Warming recognizes plant communities as dynamic

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changing systems, a theme that was further developed independently by American ecologists Frederic Clements of the University of Nebraska and Henry C. Cowles of the University of Chicago. Cowles's paper, "The Ecological Relations of the Vegetation on the Sand Dunes of Lake Michigan" (1899), became a classic case study of the dynamics within a specific ecosystem. Clements's treatise, "Plant Succession" (1916), while subject to later ecologists' questioning and to the advancement of alternative theories and refinements, was a seminal work in the literature of plant community development.

The publication of Cowles's study of the lake dunes plant communities placed him at the forefront of the young field of plant ecology at the turn of the century, both in this country and abroad, according to Worster. Subsequent to that publication, Cowles immersed himself in teaching at his alma mater, the University of Chicago, from 1902 until 1934. He became editor of the journal *Botanical Gazette* in 1926 but published little himself during the period that he was teaching.

Cowles's place in the history of ecological thought is secure, nonetheless, since he taught and provided intellectual inspiration to a whole series of students who themselves became leaders in the young field of plant ecology (Worster 1985). Significant to our purposes here, one of the many students who benefitted from Cowles's inspiring teaching was Edith Roberts, coauthor of *American Plants for American Gardens*. She received her Ph.D. from the University of Chicago in 1915, the same year Dr. Cowles became a full professor there. Subsequently, Roberts became a faculty member in botany at Vassar College, where she taught from 1919 until 1950. Clearly, when she undertook the "Plant Ecology" series for *House Beautiful* with Elsa Rehmann, she was writing from a very solid background in "the comparatively new study of plants in relation to their environment."

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THE PRAIRIE STYLE AND OTHER NATIVE LANDSCAPE TRENDS

While a student of Cowles's at the University of Chicago, Edith Roberts could hardly have missed exposure to an important strand in the development of landscape architecture that was particularly strong in the Midwest, most notably in Chicago. This came to be known as the prairie style of landscape design. It developed in parallel with the better known prairie school of architecture whose most famous practitioners were Louis Sullivan and Frank Lloyd Wright. Just as the architecture of the prairie school drew on the horizontality of the midwestern prairie as a central theme, the prairie style of landscape design repeated the horizontal lines of the prairie in landforms, stratified stonework, and the branching habits of plants. Furthermore, practitioners of the prairie style placed a high priority on conserving the native flora and using it in designed settings (Grese 1992).

Perhaps the most well-known prairie style practitioner was Danish-born landscape architect Jens Jensen, who worked in Chicago from 1884 (soon after arriving in this country in his early twenties) until 1935, when he moved to Door County, Wisconsin, to establish the Clearing, a "school of the soil." During his career, he worked for both the Chicago park system and in an extensive private practice that included limited collaboration with both Louis Sullivan and Frank Lloyd Wright. As early as 1888, Jensen established the American Garden in a corner of Chicago's Union Park while an employee of the West Parks. Increasingly throughout his long and productive career, Jensen espoused the use of native plants in designed landscapes and the study of naturally evolving landscapes as sources of inspiration for design.

One of Jensen's most frequent companions in exploring native midwestern landscapes was Dr. Henry C. Cowles of the

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University of Chicago, Edith Roberts's major professor. Cowles was a member of the Prairie Club, a group formed by Jensen and others in 1908 that organized field trips to natural areas in the Chicago region and throughout Illinois, Indiana, and Wisconsin (Grese 1992). Subsequently, Cowles became a member of Jensen's influential conservation organization, Friends of Our Native Landscape, when it was formed in 1913.

From 1911 to 1915, while she was working on her M.S. and Ph.D. degrees under Dr. Cowles, Roberts certainly became familiar with the philosophy and practice of the prairie style of landscape design, particularly the style of Cowles's good friend Jens Jensen. She may well have gone on outings with Friends of Our Native Landscape before completing her degree program in 1915. Undoubtedly, she viewed Jensen's park design work in Chicago. One of the many parks in the Chicago Park System that he designed and one that clearly demonstrated many of his design principles was Humboldt Park, which he worked on intermittently from 1907 until 1917. It was in this park that Jensen first developed a "prairie river" as a design feature inspired by naturally occurring rivers in the region (Grese 1992).

Jensen was not alone in the field of landscape architecture in his passion for using natural models as inspiration for designed landscapes. Among other early proponents of this approach was O. C. Simonds. Simonds studied architecture and civil engineering at the University of Michigan, and in 1881 he became superintendent of Chicago's Graceland Cemetery. In his work there, as well as in a broad-ranging design practice including cemeteries, campuses, parks, and residences, Simonds used local landforms and native vegetation to express regional character (Grese 1992).

Another important link in the chain of nature-inspired landscape design and conservation proponents in the Midwest was Wilhelm Miller, landscape architect and writer. After earning

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degrees from the University of Michigan in 1892 and Cornell University in 1899, Miller joined the editorial staff of *Country Life in America* (1901–1912) and edited *Garden Magazine* from 1905 to 1912. In 1912, he joined the faculty of landscape horticulture at the University of Illinois, and in 1914 he was appointed head of the division of landscape extension there. In that capacity, Miller published *The Prairie Spirit in Landscape Gardening* (1915) as an extension publication featuring the work of Jensen, Simonds, and architect/landscape architect Walter Burley Griffin. This publication played an important role in establishing the prairie style of landscape design as an identifiable and influential movement within landscape architecture.

Meanwhile in the East, another strong proponent of native-inspired landscape design was Frank Waugh, who established the department of landscape gardening at Massachusetts Agricultural College (now the University of Massachusetts) in Amherst after his appointment as a faculty member in 1902. Waugh strongly advocated field observation of natural landscapes as a basis for landscape design in his teaching and in his prolific writings, including many articles in the periodicals *Landscape Architecture* and *American Landscape Architect*. His book advocating this approach, *The Natural Style of Landscape Gardening*, was published in 1917.

Waugh was born and educated in the Midwest and was strongly influenced by the ideas of Jensen and Miller, but he developed his own emphasis on understanding, interpreting, and clarifying “the spirit of the place” (McLelland 1993). Furthermore, in many cases Waugh was a proponent of “intelligently letting alone a natural landscape.” He closely followed developments in the young discipline of plant ecology and drew on them in his own teaching and writing. In *The Natural Style of Landscape Gardening*, Waugh referred directly to the emerging concepts of plant

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communities when he wrote: "Practically every [plant species] is associated habitually with certain other species. Thus they form set clubs or societies. And these friendly associations, based upon similarity of tastes and complementary habits of growth, should not be broken up. If we as landscape gardeners desire to preserve the whole aspect of nature, with all its forms intact, we will keep all plants in their proper social groupings" (McLelland 1993).

On the West Coast during the early twentieth century, Gustav Stickley similarly advocated cooperation with nature and harmony between the building and the site in his journal the *Craftsman*. Features in that publication, such as the 1909 article "The Natural Garden: Some Things That Can Be Done When Nature is Followed Instead of Thwarted," helped to advance the concept of native, natural gardens in California (McLelland 1993).

In 1927, the year in which Roberts and Rehmann published their first articles in the plant ecology series in *House Beautiful*, the venerable Olmsted Brothers' landscape architectural firm from Brookline, Massachusetts, designed a "wild garden and native plant preserve" for the Ahwahnee Hotel in Yosemite National Park's Yosemite Valley. The site was particularly amenable to such a design, with a variety of microhabitats represented: shaded woodlands, dry granitic rock outcroppings, and wet meadows. The success of this project and its popularity with the public provided a stimulus for the National Park Service to expand the concept to other parts of Yosemite and to other western parks (McLelland 1993). Subsequently, in the 1930s, nurseries for the propagation and growth of native plants were established in national parks ranging from Acadia National Park in Maine to Sequoia National Park in California, as well as in many state parks.

In 1930, the National Park Service adopted a policy of "landscape naturalization" under the leadership of Harold C. Bryant, assistant director for education. Under this policy, exotic plants

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were banned in any new landscape development and removal of any already-present exotics was encouraged. In his "Set of Ideals" outlining these policies, Bryant notes that "the introduction of exotic species endangers the native forms through competition and destroys the normal flora and fauna and . . . it is the duty of the National Park Service to protect nature unchanged for the benefit of this and future generations" (McLelland 1993). We know today how well-founded Bryant's concern about exotic plants' invasiveness was, since this problem is one of the major threats to the integrity of most "natural" areas.

From this cross section of native landscape-oriented activities during the first three decades of the twentieth century, it is apparent that there was, at the time Roberts and Rehmann produced *American Plants for American Gardens*, broad professional interest in the use of native plants in ecologically based groupings, as well as in the study of natural landscapes as a basis for design, and there was even an early awareness of the potential invasiveness of introduced exotics.

THE DECLINE OF ECOLOGICALLY BASED DESIGN

Sometime between 1929 and 1996, the seemingly strong current that linked principles of plant ecology with the practice of landscape design was subsumed within a landscape architectural mainstream that largely ignored those principles. How else do we explain the vast majority of contemporary American-designed landscapes in the last half of the twentieth century? The landscapes of residential subdivisions, corporate campuses, and even public parks, with a few notable exceptions, are based on irrigation- and chemical-dependent expanses of turf grass, beds of mulch or single-species ground covers, and a mix of broadly adapted

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trees and shrubs dominated by a few widely used species, some of which may be native. Even when native species are present, though, they rarely are assembled to represent plant communities of the region. Hence, the designed and managed landscapes of one region increasingly tend to look like those of every other region. At the same time, they resemble the naturally evolving landscapes of their own region less and less.

So what were the factors that led to the demise of the movement toward a natural style of landscape gardening that seemed to be so strong in the 1920s? To trace the complex set of influences that seem to have conspired against this approach could easily be the subject of an entire book itself. This discussion will suggest some of the major factors and trends that became obstacles to the widespread adoption of principles espoused by Jens Jensen, Wilhelm Miller, Frank Waugh, Edith Roberts, and Elsa Rehmann, among others.

I. *The End of the Estate Era.* With the stock market crash of 1929, the year that *American Plants for American Gardens* was first published, and with the cataclysmic economic depression that ensued, the era of designing gardens for large private estates essentially ended. Much of the work that provided practitioners like Jensen the opportunity to design significant native gardens had been private estate design for wealthy industrialists. Roberts and Rehmann's book is oriented toward the design of private estate landscapes as well, although not necessarily large ones.

But even as the estate era in landscape design was ending, public work increased, particularly in response to the formation of the Civilian Conservation Corps (CCC), which carried out major landscape and construction projects in national and state parks

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between 1933 and 1942. This decade was in a sense a golden era in public landscape work, and the park work of the CCC crews throughout the period generally held steadfastly to the tenets of ecologically based design, construction, and management that had been developed within the National Park Service during the 1920s and early 1930s. After 1942 however, with the termination of the CCC, with changes in administrative structure within the National Park Service, and with increasing pressures for greater efficiency and expediency, those earlier principles were often sacrificed (McLelland 1993).

2. *The Modern Movement in Landscape Architecture.* A powerful force in the development of American landscape architecture was the modernist movement of the 1930s. Three of the acknowledged leaders of this movement were Garrett Eckbo, Daniel Kiley, and James Rose, all of whom were students at Harvard during this period and who in their way were rebelling against both beaux arts formalism and the naturalism practiced by Frederick Law Olmsted. With references to both modern painting and modern architecture (e.g., the work of Mies van der Rohe), the modernists were centrally concerned with spatial structure and (to some degree) with shapes, such as those adapted from cubist paintings: "the zigzag and the piano curve, for example, executed in flowers, paving, or even terrace walls" (Treib 1993). Plants contributed to the spatial structure of the modernists, but primarily as structural elements. Furthermore, modernist theory suggested that plants, in order to achieve their fullest potential as sculptural entities, should be planted as individual specimens. With emphasis on plants as architectural and/or sculptural elements, species selection was based more on plant form (e.g., columnar, horizontal, pendulous, round or oval, irregular and picturesque) than on whether they were native to the region

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in which they were planted (Trieb 1993). And in their opposition to mass planting and Olmstedian naturalism, the modernists' planting design almost by definition eliminated the assemblage of plants in community-like groupings.

3. *Post-World War II Suburbanization.* During World War II, any type of garden—other than the “victory” vegetable garden—took a back seat to the war effort. In the years following the war, a massive wave of construction began on many fronts. Subdivisions of small houses on small lots proliferated at the edges of cities and towns. Neighborhood shopping centers followed, and the Interstate Highway System was initiated soon after. The push toward efficiency and expediency that was felt in the landscape practices of the National Park Service after 1942 was magnified many times over in this wave of construction, and the preservation and use of native plant communities took a very low priority.

The suburbanization process that began in the years immediately following the Second World War has continued ever since, with only a few slow periods during economic slumps. By the 1970s and 1980s, subdivision houses had become typically larger than their 1950s precursors, and shopping centers had become large and enclosed regional-market malls. Furthermore, new commercial/residential/office complexes popped up along perimeter highways (and then along *outer* perimeter highways) as a new phenomenon, called “Edge Cities” by Garreau, evolved (Garreau 1991). Relative to the natural environment in these cities, Garreau wryly notes that there are two laws governing the naming of developments: “You name a place for what is no longer there as a result of your actions,” and “All subdivisions are named after whatever species are first driven out by the construction. E.g.: Quail Trail Estates” (Garreau 1991).

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4. *The Landscape Industry.* With the suburbanization of America, one of the major growth industries during the last half-century has been what might collectively be called the landscape industry: plant nurseries, irrigation companies, lawn and garden equipment manufacturers, chemical fertilizer and pesticide producers, and lawn care companies. As some indication of the magnitude of these enterprises, lawns now cover twenty-five million acres in this country, giving rise to a twenty-five billion-dollar-a-year turfgrass industry (Bormann, et al. 1993). The various components of the landscape industry have been quite effective at marketing not only their products but also an aesthetic standard for "developed" landscapes as they replace the previously existing forests, fields, prairies, and wetlands that once surrounded our cities and towns.

5. *Landscape Architectural Education.* In their own way, schools of landscape architecture have been cooperators if not actual facilitators of a standardized landscape aesthetic in this country as well. For decades, traditional plant materials courses have focused on a nearly standard list of trees and shrubs with some regional variation due to climatic differences. For the most part, the plants that are featured in these courses are widely adapted species that are mass-produced by large-scale nurseries, with a preponderance of introduced species and cultivars. Courses that feature herbaceous plants are only occasionally available to landscape architecture students. While ecological concepts may be taught in the basic curriculum, very few courses on local plant communities are available, and even fewer courses that provide field observation and interpretation of native plant communities are offered. Planting design in most programs has been reduced to a one-term course. This is in sharp contrast with the emphasis it received at Lowthorpe School when Elsa Rehmann

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attended (MacKechnie 1995). Lowthorpe School was founded in 1901 in Groton, Massachusetts, and devoted itself “exclusively to training women for the profession of landscape architecture” (Merrell 1926). In that program, great attention was given to plant science, including hands-on experience with propagation and culture of a wide variety of species; and planting design was a central component of the studio course sequence.

REEMERGENCE OF ECOLOGICAL DESIGN

During the last thirty years, new interest in ecologically based landscape design has reemerged as a topic in the literature, and occasionally in the practice, of landscape architecture. Ian McHarg’s landmark book, *Design with Nature* (1966), stimulated a new awareness of the importance of considering ecological and environmental factors in large-scale land planning. In *Design with Nature*, McHarg does not purport to delve into the design of individual sites or gardens with nature foremost in mind, but in some cases he does lead to a framework of more environmentally sensitive land-development policies and practices within which existing native plant communities are preserved.

Other influences have contributed to a renewed interest in bringing concepts of ecology to the design of individual sites and gardens. The first Earth Day, April 22, 1970, played a role by raising public awareness of broad issues such as the need for protecting plant and animal species from extinction as well as specific perils such as those associated with pesticide use in homes and gardens. Current and impending water shortages, especially in the West and Southwest, have encouraged people to consider “xeriscaping” and other water-conserving landscape practices, including the use of drought-adapted native plants in the design of their gardens.

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Popular books, such as Sara Stein's *Noah's Garden: Restoring the Ecology of Our Own Back Yards* (1993), have made people more aware of the possibility of having a richer home environment for themselves while providing a habitat for birds, butterflies, and small mammals at the same time. Similarly, *Redesigning the American Lawn* by F. Herbert Bormann, Diana Balmori, and Gordon T. Geballe (1993), describes some of the problems associated with our twenty-five million acres of turfgrass in this country and advances strategies for replacing some of those acres of lawn with biotically richer alternatives.

On April 26, 1994, President Clinton released a Presidential Memorandum to all federal agencies in which he called for "Environmentally and Economically Beneficial Landscape Practices" to be employed on all new federal or federally funded project sites. Central to his request are the provisions for using regionally appropriate native plants, protecting natural habitats on construction sites, minimizing the use of chemicals in landscape management, and practicing water conservation. The guidelines that have been developed for the implementation of these provisions, in many respects, would be met by following the design approach proposed in Roberts and Rehmann's *American Plants for American Gardens*.

THE SIGNIFICANCE OF *American Plants for American Gardens* TODAY

Today's world differs from the world of 1929 in many areas, including social, political, economic, and environmental concerns. Environmentally, we are beginning to recognize the magnitude of global changes that have been wrought by the actions of humans and the potential for even greater changes in the future. Books such as Bill McKibben's *The End of Nature* (1990), Albert

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Gore's *Earth in the Balance* (1992), and E. O. Wilson's *The Diversity of Life* (1992) remind us of these changes as well as the fact that it is in our own long-term best interest to modify our resource-consumption habits and to recognize our reliance on other forms of life for our own survival.

So what does a little book on native American plants for American gardens, written by two Vassar faculty members in the 1920s, have to offer that can begin to make a dent in the environmental problems facing us at the end of the twentieth century? For one, the studies of the open field, the juniper hillside, the oak woods, the stream-side, and other plant communities included in *American Plants for American Gardens* provide models that enable us to see more clearly the beauty of these and other once-common native associations wherever we might live. They provide a way of looking at our natural environment and suggest that an attitude of humility be adopted as we manipulate that environment.

For landscape architects working in northeastern states, the plant lists and accompanying texts provide valuable information for the design and management of a wide range of project types, which include not only residential properties but also school grounds, corporate office sites, roadways, and parks. Sadly today, many of the native communities have been invaded by introduced species such as purple loosestrife (*Lythrum salicaria*), buckthorn (*Rhamnus cathartica*), Norway maple (*Acer platanoides*), and imported honeysuckles (*Lonicera* spp.), to name a few, and we need to recognize that these have, in many instances, diminished the natural diversity of the sites that they have invaded. (Ironically, if landscape architects and nurserymen had wholeheartedly embraced the philosophy advanced in *American Plants for American Gardens* throughout the last sixty-five years, this problem would most likely be much less serious than it is.) Restoring the visual

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and botanical characteristics of the native communities to their earlier condition will require eradication of these pests as well as constant vigilance and hands-on management to hold them at bay. But the rewards of restoring the qualities of natural communities are great, not the least of which is to provide a home for native species that otherwise are disappearing from the world.

In an article written for *Landscape Architecture* magazine in 1933, Elsa Rehmann illustrated a vision for the application of principles found in *American Plants for American Gardens*, that is, the application of ecological understanding in a wide variety of situations far broader than individual gardens and private estates. In that article, Rehmann provides the following observations: "For a book of its kind and size, the authors had to content themselves with a rather set plan and with suggestions which were limited to the private estate. But, with a little ingenuity on the part of the reader, the book can be adapted for wider use. It can, for instance, be used as a field book since it is really a primer to a more comprehensive understanding of native plants as well as to a keener appreciation of the relationship inherent between native vegetation and the landscape. It is this inherent relationship that many a landscape architect seems to forget in his eagerness to organize land and landscape for human use and to show his creative ability as an artist" (Rehmann 1933).

In the same article, she notes the importance of close, first hand observation as a method of understanding landscape, an activity that is just as useful today as it was in 1929:

Intensive observation of the landscape, observation ecologically attuned, is of course the best schooling. Scenes of great beauty are to be found everywhere,—laurel-filled oak woods; hemlock woods where yews spread their needled branches under the trees; hillsides where cedars stand in

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monumental arrangements or group themselves in a seemingly more spontaneous manner with ground junipers, wild roses, and sometimes bayberries, sweetferns, and huckleberries; tumbling brooks between fern-encrusted ledges; streams flowing slowly through luxuriant water-loving vegetation. Here are some of the scenes that are ready with many a suggestion for garden use. To be naturalistic, in the truest sense, the plants have to be assembled in compositions that are true reproductions or sympathetic interpretations of the landscape scene. (Rehmann 1933)

This vivid description depicting the joys of ecologically based landscape design reveals the keen eye of a passionate observer. *American Plants for American Gardens* stems from this passion. Hopefully with the distribution of this new edition, respect and admiration for indigenous plants and naturalistic settings will be heightened, along with efforts to restore them to designed and managed landscapes as well as to preserve them in areas where they already exist.

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CHAPTER I

INTRODUCTION

THE beauty and variety of plants native to America have ever been recognized and have made a deep impression upon the plant lover. Plant ecology, a comparatively new study of plants in relation to their environment, contributes toward a keener understanding of this natural vegetation and its use in garden making. It draws attention to the native plants as they appear in the landscape and suggests their inherent appropriateness to grounds and gardens.

It is almost unbelievable that the native plants should ever have been overlooked. Yet little use of them was made in the seventeenth century gardens where plants from the Old World flourished. And even during much of the eighteenth and nineteenth centuries they were neglected.

Many outstanding native plants have, however, been in use now for a long time. They have been planted as specimens, in miscellaneous groups, in formal arrangements and in naturalistic compositions. Some of these have, indeed, been collected into what are called native gardens. And the demand for them

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is ever increasing. They fit into the informal, intimate, seemingly unstudied effects that are sought for in many grounds and gardens to-day where flowers are luxuriantly intermingled, boundaries are freely planted, trees are irregularly grouped and lawns are sometimes left unclipped. More than this, the very landscape of which they are so vital a part is beginning to be retained and recreated as a setting for the house. Great trees are kept as a background for it. And all around, there are rocky slopes, shady woods, sunny meadows, ponds and stream-sides, and sometimes even bogs, that make natural gardens. When these scenes have to be recreated, the choice of the plants may be focused upon those that really belong to the particular scene and the compositions made of them may be true reproductions or sympathetic interpretations of the landscape. In such preservation and in such recreation, then, plant ecology can be of invaluable assistance and suggestion.

In plant ecology, observations are made as to what plants grow together and how they compose the groups known as plant associations. Observations are also made of what the plants in each association have in common as to soil, light, moisture and temperature, all of which are the factors which make up what is called the plants' environment. These observations draw attention to the fact that every slight variation in any one of these factors changes the members of each association and brings about the infinite variety that exists in the natural grouping of plants.

Introduction

The natural distribution of plants over the world is controlled in part by temperature, moisture and light; that is, by climatic conditions. This is made evident by the distinctive regional segregation of plants in the United States; by the palms of semitropical Florida; by the grasslands of the Mississippi Valley; by the gray-green vegetation of the Southwest; by the cacti, yuccas and agaves of the desert; by the coniferous forests of the West Coast; and by the dominantly deciduous growth of the Northeastern States.

It is the vegetation of the Northeastern States, from the Atlantic west over the Alleghenies and south to Georgia, that is discussed in this book to show the use of ecology in selecting American plant material for American grounds and gardens.

All vegetation is assembled into distinct groupings through its inherent adaptation to the environment in which it grows. For convenience, each of these groupings, or plant associations, is given the name of some tree which is prominent in the group, or is described by the situation in which it is found. Many different associations may be seen in any trip along a country road in this region, as the road winds up hill and down dale, from mountain top to river valley; as it passes rocky wooded uplands, sunny fields, cool ravines and low-lying meadows with bogs, ponds and streams. The associations will be recognized when attention is given to the various plant groups that are gathered together, and to the topography of the landscape as a whole.

Asters and the golden-rods, prominent though they

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are, are only two among the many plants that grow together in the open fields; and the juniper, for all its importance, is one of a small number that adapts itself to exposed slopes. Gray birches belong in a group composed of delicate ground covers and but this one tree. The pines are the only trees of their group. The dogwoods, that have such an outstanding decorative quality, grow in upland areas of oak woods along with a rich variety of trees and shrubs, such as azaleas, laurels, huckleberries, maple-leaved viburnums, witch-hazels, sassafras, hickories and tulip trees. Beeches, maples and hemlocks are the prominent trees in other forests on the hillsides, and the hemlocks belong with ferns and other plants in cool, shady ravines. Other groups of plants are found in low-lying places. The marsh marigold is but one of many herbaceous plants that grow with trees and shrubs along streams. The water lily is surrounded by plants that require quiet, aquatic conditions. The pitcher plant belongs to an unusual vegetation that can endure the adverse conditions of the bog; and the bayberry is found with the plants that thrive on windy seashores.

Each of these groups is given a chapter in this book. The most important plants are mentioned, the fundamentals that underly each association are indicated, the natural compositions that they make are suggested, and the way they can be used about the house and in relation to it are outlined. In order to emphasize the outstanding characteristics, the descriptions are focused upon the period in the life of

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each association when its dominant members reach maturity.

Nature is, however, always in transition. One plant group is no sooner established than its very development changes the light, the temperature and moisture conditions to such a degree that a new group comes in and succeeds the first. The definiteness of these transitions is shown by the way in which the junipers, the gray birches, the pines, the oaks and the maple, beech or hemlocks follow one another in succession. On the uplands the open fields are filled with sun-loving herbs and shrubs. They make a congenial place for the germination of juniper seeds. The shade and protection of the junipers encourages the development of the seed of the birches. Birch copses in their turn are nurseries for the pines. The pine green, too dense for its own seed, provides the right conditions for the oaks. In their maturity the oaks make an excellent environment for the development of the maple, beech and hemlocks. All three of these spring up within their own shade, but where the shade becomes deepest and where it is coolest the hemlocks dominate.

The abandoned farm illustrates what happens to an environment, within a generation or two, when nature is left to run its own course. The once cultivated fields are soon covered with shrubs and herbs, then junipers, which are followed quickly by gray birches, and then pines. The wood lot left to itself, changes from pine to oak. The rarer old, old woods that have never been touched by woodcutters have gone through

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these successions and remain as rich forest lands of beech, maple or hemlock.

Nature is ever tending toward the most luxuriant form of vegetation which environmental factors permit, and in the region described it is reached in the beech-maple-hemlock forest. Such factors as the exposure upon the seashore, the lack of water on the dry hillside, or the severe cold of the northern mountains, may never permit the successions to reach this association. They are often held back by fire. When an oak woodland is severely burned over and no humus remains, nature courageously starts again with a group of open field plants. When pines are cut down, nature accommodates herself to this change in the environment and the conditions are such that gray birches can develop.

The harbingers of the new association and remnants of the old meet. Groups of birches spring up amid the junipers. Groups of old pines are found remaining among the oaks, or the oaks show their slender trunks in the midst of the pine forest.

The evidence of such transition is not found in the trees and shrubs alone. The flowers bear testimony by carrying their pictures from association to association. *Aster novæ-angliæ*, for instance, is found, if there is sufficient sun, in the open field, with the junipers, and under the slight shade of the birches.

The ever-changing topography of the land, too, has its influence. The gradual filling up of the ponds causes the changes in the location of the submerged, floating and emergent aquatic plants, for each requires

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a certain depth of water for its best development. The gradual deepening of the ravine has its influence upon plants that grow there. Only those which can adapt themselves to the increasing shade and coolness survive.

Many an extensive area, with sweeping acreage and varying topography, is a natural setting for a country house. The fields and meadows, the woods, the streams, ponds and ravines about it can bring together all the different plant associations, for they adjoin one another and intermingle. Property lines may enclose a less varied scene and be limited to a single association. The pines around the Adirondack lakes offer an example, where every tree and every partridge vine can be retained and the building hidden in the shelter of the great trees can become an integral part of the forest. There are other scenes which make settings for summer cottages, winter lodges, for all-year-round homes, such as the mountains of Pennsylvania with their hemlocks and rhododendrons, the beech slopes of Vermont, the juniper hillsides of Connecticut, the rocky coasts of Maine and Massachusetts, the seaside of New Jersey, and the dunes of Long Island. They may be retained in their full beauty, with all of their individual characteristics. Sometimes this is a problem of preservation, sometimes it is a matter of adding to and completing the existing scenes.

A site of even an acre or less has many possibilities. A small house may stand on a slope at the fringe of the woods, with picturesque hedgerows around it,

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with gray birches near it, and with a brook below. A still smaller property has the opportunity of being true to its environment. Its location within a well-defined area is often the key for the preservation of plants which belong there. A single oak can be taken as a guide. An appropriate selection can then be made of the shrubs and flowers that are associated with such a tree. This garden may have to be in miniature, but it can have delightful details and the verity of the natural landscape.

This study of native plants in relation to their environment brings out the fundamental principles upon which the indigenous vegetation is established, and the contribution that an understanding of these facts can make in the retention or recreation of the natural landscape. It draws attention, moreover, to the significance of retaining the original contours, and the adaptation of a house and garden to the lay of the land and to the spirit of the natural landscape.

CHAPTER II

THE OPEN FIELD

EACH uncultivated field or meadow is a natural garden covered over with many different kinds of flowers gathered together in lavish numbers. It is this wealth of plants that the farmer struggles against when he sows his grasslands. Because of them he has to till year after year. As soon as he stops they immediately begin to reestablish themselves and in a few years come back into their own.

All of these flowers thrive in the open fields. They are controlled, however, by varying conditions of soil and moisture. Some are found only on rocky outcrops and in thin soil; some in rich well-drained areas and some in moist places. In any fair-sized acreage these situations adjoin one another and their characteristic vegetation becomes intermingled.

Some of these field flowers are well known and used in gardens. A few have found such favor in Europe that they have been extensively hybridized and reintroduced into this country as foreign varieties. Many of them, however, are still comparatively unknown. To really get acquainted with them, it is not enough to plant them in garden borders. They must be assembled as they are naturally assembled in the fields.

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And to really recreate this natural field garden, it is important to keep the wide sunlit openness and the characteristic contours, to rehabilitate the enclosing hedgerows, to define the spontaneous paths as well as to reestablish the all-over pattern of its flowers.

It is well to start by sowing it with clovers of which there are many different kinds, including white clover, *Trifolium repens*, the yellow clover, *Trifolium agrarium*, the rabbit-foot clover, *Trifolium arvense*, and many others. Some of these, to be sure, have been introduced from Europe and have become naturalized. They have a utilitarian purpose, for they keep out the weeds. The real reason for planting them is, however, because their soft green foliage and their little heads of vari-colored flowers make a delightful groundwork into which an embroidery of other plants can be worked. Besides the clovers, many kinds of grasses should also be grown for the graceful manner in which they combine with the flowers, and masses of hay-scented ferns can be planted for their light-filled yellow green.

Then, violets can be planted thickly everywhere—*Viola fimbriatula*, whose flowers grow on tall leafless stems. With them, buttercups can be mingled. *Ranunculus bulbosus*, the bulbous buttercup, and *Ranunculus fascicularis*, often called the early crowfoot, are for dry places, while *Ranunculus septentrionalis*, the swamp buttercup, is suitable for moist ground as its name implies. The flowers of the bulbous buttercup hug the ground. The others have stems that rise airily from thickly clustered foliage that make them

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seem like spots of gold amid the green. It is the way in which the flowers are scattered all over the field that makes their glistening effectiveness.

The robin's plantain and the painted cup flower at about this time. The robin's plantain has lavender-white, mauve or pink blossoms whose effect is very soft and fluffy, while the painted cup, with its scarlet-tipped, orange flowers, is startlingly brilliant when they flood a particularly moist place.

The yellow rocket, the ox-eye daisy, the blue chicory and the carrot, for all that they are such familiars of the fields, should not be used for they are really naturalized Europeans. There are many native flowers to use instead: masses of lupines with striking blue spikes; many native flags, *Iris versicolor*, with delicately formed slender flowers and effective sheath-like leaves; scattered groups of satiny gold evening primroses, *Oenothera biennis*; vivid expanses of burnt-orange butterfly weed; lavish clumps of yellow lilies; drifts of blue vervain; delicately sprinkled mauve beard-tongue, not to mention the golden-rods and asters.

These flowers make an all-over pattern. Other flowers can be used to edge the winding paths that wander unobtrusively through the fields. Among these are silvery white everlastings, chickweeds with starry blossoms and fine matted foliage, *Veronica officinalis* with luxuriant light green mats and blue flowers which may also be planted between the stepping stones. Pennyroyal, *Prunella vulgaris*, the heal-all, and little groups of *Polygala verticillata* with pur-

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ple-tinged flowers can be planted here and there. The little yellow star grass and the blue-eyed grass can be put in special little spots to accentuate their daintiness.

On the other hand, there can be bluets in great numbers. Seen at a distance they sometimes look like a soft blue haze and then again they are so gray-white that they are like cobwebs spread upon the grass. At nearer view each little plant has a rare dignity and every little tubular flower a charming distinction. They can be planted along any part of the path, except where it is very dry. There the potentillas or cinquefoils can take their place. The potentillas grow in luxuriant masses and have many little glistening yellow flowers that seem like diminutive strawberry blossoms.

The prickly pear, *Opuntia vulgaris*, too, is good for very dry places. This picturesque cactus-like plant is usually seen growing singly or in clumps. And the pale corydalis, *Corydalis sempervirens*, grows naturally where it can silhouette its delicate stems and exquisitely yellow and pink tinted flowers against rocks.

There are many taller flowers, too, that can be planted in back of the low ones. The lespedezas or bush clovers with long flower spikes on rigid stems and *Pentstemon hirsutus*, with slender spires hung with tubular purplish flowers, can be used singly here and there. The milkweeds or asclepias, too, are most effective when they are singled out. There are two kinds: the blunt-leaved *Asclepias amplexicaulis* with greenish purple flowers and delicate long pods, and

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Asclepias syriaca, the common milkweed, with heliotrope flowers arranged on top of great fleshy, deep green leaves.

On the other hand, the wild bergamot, *Monarda fistulosa*, with fringed corollas of lilac mauve, and *Lobelia syphilitica* with white-throated blue flowers, can be planted in scattered clumps. Of the several hypericums or St. John's-wort, with clusters of starry yellow flowers, only one is native. All of the several different loosestrifes have a delightful delicacy of habit, especially *Lysimachia quadrifolia*, with its group of four dark-streaked flowers modestly drooping beneath every whorl of light green leaves, and *Lysimachia terrestris*, with many little bronze-filled yellow blossoms arranged closely together upon a slender spike that stands erect and candle-like above the slender foliage.

All the violets and buttercups, the lupines and irises, the vervains and gerardias, can be gathered in small clumps and planted close to the path. The lilies, too, should be brought near it so that the details of their rich reddish-orange flowers with purple spottings can be fully appreciated. The flowers of *Lilium philadelphicum* that stand upright and alone upon an erect leaf-whorled stem look like carved ornaments, while *Lilium canadense*, with groups of nodding flowers, are even more exquisitely modeled.

Not only the paths can be bordered with these flowers. The hedgerows, too, can be filled with them. And besides the ones mentioned there are still others like the pink dogbane, the white vervain and the

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meadow rue. The golden-rods and asters can also be gathered together there. They must be kept under control, however, for they spread so rapidly that they would soon usurp the entire field if they were permitted, as they so often actually do.

Both golden-rods and asters are fascinating in themselves, in the number of their species and in the luxuriousness of their effects. Of the asters, the most familiar is the *Aster novæ-angliæ* that grows everywhere. It has a stout, stiff, hairy stem topped with large clusters of brilliant violet flowers. There is *Aster lateriflorus*, whose slender-leaved stems are terminated with lavender flowers. There is *Aster macrophyllus*, with flat-topped flower heads of lavender violet and the deep blue *Aster patens* with widely-spaced rays that give it a very delicate effect. There is *Aster lævis* with light blue flowers daintily arranged upon slender stems, *Aster prenanthoides*, with deep violet flowers that are sharply serrated, and *Aster cordifolius*. Besides, there are several white ones, the tall white *Aster paniculatus* with sparse flowers and long slender leaves, *Aster ptarmicoides*, the white aster with yarrow-like heads of small flowers and lanceolate foliage, *Aster vimineus* with slender sprays of tiny flowers, *Aster divaricatus*, and *Aster ericoides*. These various species succeed one another in blooming from August to November. The last to hold its flowers is the *Aster ericoides*.

It is not only necessary that all the flowers be in the field. It is also important to consider the boundaries. The rail fences, the stone walls and the

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hedgerows are the characteristic enclosures. They divide the fields from one another and separate them from the lanes and roads.

The hedgerow is a comparatively narrow planting strip which the farmer did not encroach upon in clearing for his arable fields. Its edges are usually straight and well ordered. If the outline is at all irregular it is because a rocky outcrop made it impossible for the plow to reach it. The hedgerow has a delightful picturesqueness. Some of its spontaneity is due to the varying ages of the plants, for the seedling growth is constantly springing up around maturer vegetation, but its character depends for the most part upon the manner in which each plant in it adapts itself.

Cornus paniculata, the dogwood, is one of its prominent shrubs, in dry places, because it is able to adjust itself admirably to poor soil and lack of moisture. It generally grows all by itself and forms veritable hedge-like formations. The bushes are so beautifully formed into undulating masses that they have an air of choiceness. They are noticeable in the spring when the young leaves have a bronze tone and the flowers are cream-toned. They are equally effective in mid-summer when cool white berries show on cerise pedicels amid the green foliage. *Cornus circinata*, sometimes found with the paniced dogwoods, is not quite as well equipped for its position and always remains a minor note in the planting. On the other hand, the chokecherries and the pin cherries adapt themselves so readily to almost every condition that they are almost always to be found. They are most

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delightful when they seem to spring up quite carelessly here and there amid the other shrubs. Their graceful habits lighten the effect of the planting. The drooping racemes of the one and the umbel-like clusters of the other make them particularly pleasing during the spring. Of the two the chokecherry is the lovelier. It is well worth the effort to keep it free from its special pest, the tent caterpillar. If it is watched early enough in the year the burden of care is not overwhelming.

Viburnum prunifolium abounds, also, in hedgerows. Its striking habit and handsome foliage make it one of the most beautiful shrubs. It is especially noticeable in May when every horizontal branch bears large cymes of cream-white flowers. It is often found singly, sometimes at almost stated intervals. Then it forms a kind of repeat pattern. Sometimes, spreading as it does by underground stolons, it makes sturdy groups that occasionally grow into great masses. It is always surprising that such a precious-looking shrub should grow best in the thinnest of soils and in the most difficult places. In the same situations are scattered, too, groups of *Viburnum pubescens* and *Viburnum Lentago*, occasional scrub oaks and abundant masses of sweet ferns and wild roses.

In moister places there are hazelnuts, *Viburnum dentatum* and *Viburnum cassinoides*, with *Spiræa latifolia*, the meadow-sweet, and *Spiræa tomentosa*, the steeple bush, and *Potentilla fruticosa*, the shrubby cinquefoil, to fill in the foreground.

The hazelnuts have rugged stems, rough foliage,

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brown scaly buds with coral-tongued pistils, and ornamental fruits that make them very decorative throughout the year. Sometimes they grow in thickets, and then again they appear in smaller groups among the viburnums. *Viburnum dentatum*, the arrow-wood, is a sturdy shrub with rugged, strongly-veined foliage. *Viburnum cassinoides*, the wild raisin, seems more delicate. It is smaller, hardly more than six feet high, with graceful low branches and shining foliage. Its soft white flowers are arranged in small umbels. Its fruit is particularly fascinating. It becomes noticeable in August when it is greenish white. By September it has turned turquoise blue. In October it is rose pink with occasional cymes that have all three colors intermingled. Finally before it falls, it turns blue black.

The viburnums and dogwoods, the hazels and chokecherries are much the same height. Variety is gained however, through the distinctive individuality of their stemmage and color as shown in the stiff, erect twigs of the gray-toned *Cornus paniculata*, in the limpid character of *Viburnum Lentago*, in the definiteness of the *Viburnum dentatum* growth, and in the angularity of the *Viburnum prunifolium* branching.

In addition to this, small trees like *Prunus serotina*, the wild black cherry, *Prunus nigra*, and cratægus in numerous species, often outstrip the shrubs in height and contribute a modest irregularity to the skyline of the hedgerow. This variation is further accentuated by the vines that tumble over the stone walls and fences in tangled masses and clamber even into shrub

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and tree in luxuriant festoons. There are honeysuckles that have fiery red flowers, Virginia creepers that are very showy when the autumn turns the foliage flame color, and bitter-sweets that become conspicuous when their berries turn orange and then open to show their scarlet centers. Besides, there are two kinds of wild grapes with fragrant flowers, soft brownish-red spring foliage, and luxuriant, wonderfully formed summer leaves. *Vitis lubrusca*, the fox grape, is an ancestor of our familiar Concord and adapts itself to every situation. Its leaves are very large and opposite each one is a fascinating tendril. The fruit is sometimes amber and sometimes purple. *Vitis æstivalis*, the summer grape, prefers moist places. Its leaves are smaller, more lobed and distinctly pubescent underneath. Its fruit is black with a bloom.

Hedgerows like these are sometimes found full grown and then again they have to be entirely recreated. They can border the roads and drives. They can be brought close to the house for groups of any one of their shrubs, trees and vines are appropriate against it. They are, moreover, essential for the enclosure of the field.

Hedgerows emphasize the fact that a field of this kind requires a country setting. It needs an acre or so at the outskirts of the town, or better still, a larger acreage farther out, to give it the proper dimensions. It needs country surroundings with encircling hills that are well wooded and a stream that flows through the valley. It needs, too, a country house that is in

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spirit with it. Such a house should have the architectural simplicity of a farmstead, especially of the early American type. Sometimes the house can be really an old one. Sometimes, it is freshly designed in the old manner with low and broad-stretched lines, with roofs and gables that fit the rolling topography, and with wide terraces. Often a great old tree shelters it and throws its shadows across it. Out beyond in the sunshine the fields can then be one luxurious mass of flowers.

THE OPEN FIELD ASSOCIATION

In all lists plants with * are not native, but have become so well established that they have been included in the lists.

SHRUBS

<i>Celastrus scandens</i>	Bitter-sweet
<i>Cornus circinata</i>	Round-leaved Dogwood
<i>Cornus paniculata</i>	Dogwood
<i>Corylus americana</i>	Hazelnut
<i>Crataegus sp.</i>	Hawthorn
<i>Juniperus communis</i>	Ground Juniper
<i>Lonicera sempervirens</i>	Trumpet Honeysuckle
<i>Lyonia ligustrina</i>	Male Berry
<i>Myrica asplenifolia</i>	Sweet Fern
<i>Potentilla fruticosa</i>	Shrubby Cinquefoil
<i>Prunus cuneata</i>	Plum
<i>Prunus nigra</i>	Canada Plum
<i>Prunus pennsylvanica</i>	Pin Cherry
<i>Prunus serotina</i>	Wild Black Cherry
<i>Prunus virginiana</i>	Choke Cherry
<i>Psedera quinquefolia</i>	Virginia Creeper
<i>Quercus illicifolia</i>	Scrub Oak
<i>Rhus copallina</i>	Dwarf Sumach
<i>Rhus glabra</i>	Smooth Sumach
<i>Rhus typhina</i>	Staghorn Sumach
<i>Ribes vulgare</i> *	Red Currant
<i>Robinia hispida</i>	Rose Acacia
<i>Rosa blanda</i>	Rose
<i>Rosa rubiginosa</i> *	Sweetbrier Rose
<i>Rubus allegheniensis</i>	Blackberry
<i>Rubus idaeus</i> *	Raspberry
<i>Rubus recurvans</i>	Blackberry

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SHRUBS (Continued)

<i>Rubus villosus</i>	Dewberry
<i>Spiræa latifolia</i>	Meadow-sweet
<i>Spiræa tomentosa</i>	Steeple Bush
<i>Viburnum cassinoides</i>	Wild Raisin
<i>Viburnum dentatum</i>	Arrow-wood
<i>Viburnum Lentago</i>	Nannyberry
<i>Viburnum prunifolium</i>	Black Haw
<i>Viburnum pubescens</i>	Downy Arrow-wood
<i>Vitis æstivalis</i>	Summer Grape
<i>Vitis labrusca</i>	Northern Fox Grape
<i>Zanthoxylum americanum</i>	Prickly Ash

HERBS

<i>Achillea Millefolium</i>	Yarrow
<i>Anaphalis margaritacea</i> *	Pearly Everlasting
<i>Anemone canadensis</i>	Anemone
<i>Anemone virginiana</i>	Anemone
<i>Antennaria neglecta</i>	Everlasting
<i>Antennaria neodioica</i>	Everlasting
<i>Antennaria Parlinii</i>	Everlasting
<i>Antennaria plantaginifolia</i>	Plantain-leaved Everlasting
<i>Apocynum androsaemifolium</i>	Spreading Dogbane
<i>Apocynum cannabinum</i>	Indian Hemp
<i>Arenaria lateriflora</i>	Sandwort
<i>Asclepias amplexicaulis</i>	Milkweed
<i>Asclepias syriaca</i>	Common Milkweed
<i>Asclepias tuberosa</i>	Butterfly Weed
<i>Asparagus officinalis</i> *	Asparagus
<i>Asperula galioides</i> *	Asperula
<i>Aster cordifolius</i>	Aster
<i>Aster divaricatus</i>	Aster
<i>Aster ericoides</i>	Aster
<i>Aster lavis</i>	Aster
<i>Aster lateriflorus</i>	Aster
<i>Aster macrophyllus</i>	Aster
<i>Aster nova-angliæ</i>	Aster
<i>Aster paniculatus</i>	Aster
<i>Aster patens</i>	Aster
<i>Aster prenanthoides</i>	Aster
<i>Aster ptarmicoides</i>	Aster
<i>Aster vimineus</i>	Aster
<i>Barbarea vulgaris</i> *	Yellow Rocket
<i>Blephilia ciliata</i>	Blephilia
<i>Campanula rapunculoides</i> *	Bellflower
<i>Castilleja coccinea</i>	Scarlet Painted Cup
<i>Centaurea nigra</i> *	Spanish Buttons

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HERBS (Continued)

<i>Cerastium vulgatum</i> *	Common Mouse-ear Chickweed
<i>Cerastium arvense</i> *	Field Mouse-ear Chickweed
<i>Chrysanthemum Leucanthemum</i> *	Ox-eye Daisy
<i>Cichorium Intybus</i> *	Chicory
<i>Cirsium lanceolatum</i> *	Bull Thistle
<i>Convolvulus spithameus</i>	Bindweed
<i>Coronilla varia</i> *	Coronilla
<i>Corydalis sempervirens</i>	Pale Corydalis
<i>Cuphea petiolata</i>	Clammy Cuphea
<i>Daucus Carota</i> *	Carrot
<i>Dianthus Armeria</i> *	Deptford Pink
<i>Dioscorea villosa</i>	Wild Yam-root
<i>Dipsacus sylvestris</i> *	Wild Teasel
<i>Epilobium angustifolium</i>	Fireweed
<i>Erigeron annuus</i>	Daisy Fleabane
<i>Erigeron philadelphicus</i>	Fleabane
<i>Erigeron pulchellus</i>	Robin's Plantain
<i>Fragaria virginiana</i>	Strawberry
<i>Galium Mollugo</i> *	Bedstraw
<i>Gnaphalium polycephalum</i>	Common Everlasting
<i>Gnaphalium uliginosum</i>	Low Cudweed
<i>Hedeoma pulegioides</i>	American Pennyroyal
<i>Helianthus divaricatus</i>	Sunflower
<i>Hieracium aurantiacum</i> *	Devil's Paint-brush
<i>Hieracium florentinum</i> *	King Devil
<i>Hieracium Gronovii</i>	Hawkweed
<i>Hieracium Pilosella</i> *	Mouse-ear
<i>Houstonia carulea</i>	Bluets
<i>Hypericum canadense</i>	St. John's-wort
<i>Hypericum perforatum</i> *	Common St. John's-wort
<i>Hypoxis hirsuta</i>	Star Grass
<i>Iris versicolor</i>	Larger Blue Flag
<i>Lespedeza capitata</i>	Bush Clover
<i>Lespedeza simulata</i>	Bush Clover
<i>Lilium canadense</i>	Wild Yellow Lily
<i>Lilium philadelphicum</i>	Wood Lily
<i>Linaria vulgaris</i> *	Butter and Eggs
<i>Lobelia inflata</i>	Indian Tobacco
<i>Lobelia siphilitica</i>	Great Lobelia
<i>Lobelia spicata</i>	Lobelia
<i>Lupinus perennis</i>	Wild Lupine
<i>Lychnis alba</i> *	White Champion
<i>Lysimachia quadrifolia</i>	Loosestrife
<i>Lysimachia terrestris</i>	Loosestrife
<i>Medicago falcata</i> *	Medick
<i>Medicago sativa</i> *	Alfalfa
<i>Melilotus officinalis</i> *	Yellow Melilot

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HERBS (Continued)

<i>Monarda fistulosa</i>	Wild Bergamot
<i>Oenothera biennis</i>	Common Evening Primrose
<i>Oenothera fruticosa</i>	Sundrops
<i>Oenothera pumila</i>	Evening Primrose
<i>Origanum vulgare</i> *	Wild Marjoram
<i>Opuntia vulgaris</i>	Prickly Pear
<i>Oxalis filipes</i>	Wood Sorrel
<i>Oxalis stricta</i>	Wood Sorrel
<i>Pentstemon hirsutus</i>	Beard-tongue
<i>Phaseolus polystachyus</i>	Wild Bean
<i>Physalis pruinosa</i>	Strawberry Tomato
<i>Phytolacca decandra</i>	Common Poke
<i>Plantago lanceolata</i> *	Rib Grass
<i>Plantago major</i>	Common Plantain
<i>Polygala sanguinea</i>	Milkwort
<i>Polygala verticillata</i>	Whorled Milkwort
<i>Polygonum virginianum</i>	Knotweed
<i>Potentilla arguta</i>	Cinquefoil
<i>Potentilla canadensis</i>	Cinquefoil
<i>Potentilla intermedia</i> *	Cinquefoil
<i>Potentilla pumila</i>	Cinquefoil
<i>Potentilla recta</i> *	Rough Fruited Cinquefoil
<i>Prunella vulgaris</i>	Heal-all
<i>Pycnanthemum flexuosum</i>	Mountain Mint
<i>Pycnanthemum virginianum</i>	Mountain Mint
<i>Ranunculus bulbosus</i> *	Bulbous Buttercup
<i>Ranunculus fascicularis</i>	Early Crowfoot
<i>Ranunculus septentrionalis</i>	Swamp Buttercup
<i>Rudbeckia hirta</i>	Black-eyed Susan
<i>Rumex Acetosella</i> *	Sheep Sorrel
<i>Saponaria officinalis</i> *	Bouncing Bet
<i>Satureja vulgaris</i>	Basil
<i>Silene latifolia</i> *	Bladder Campion
<i>Silene noctiflora</i> *	Night-flowering Catchfly
<i>Sisyrinchium angustifolium</i>	Blue-eyed Grass
<i>Solanum nigrum</i>	Common Nightshade
<i>Solidago altissima</i>	Golden-rod
<i>Solidago bicolor</i>	Golden-rod
<i>Solidago canadensis</i>	Golden-rod
<i>Solidago graminifolia</i>	Golden-rod
<i>Solidago nemoralis</i>	Golden-rod
<i>Solidago rigida</i>	Golden-rod
<i>Solidago rugosa</i>	Golden-rod
<i>Solidago rugosa</i> var. <i>villosa</i>	Golden-rod
<i>Specularia perfoliata</i>	Venus' Looking Glass
<i>Stachys arenicola</i>	Hedge Nettle
<i>Stellaria longifolia</i>	Common Chickweed

The Open Field

HERBS (Continued)

<i>Stellaria media</i> *	Chickweed
<i>Steironema ciliatum</i>	Steironema
<i>Tanacetum vulgare</i> *	Common Tansy
<i>Taraxacum officinale</i> *	Common Dandelion
<i>Thalictrum polygamum</i>	Tall Meadow Rue
<i>Tragopogon pratensis</i> *	Goat's Beard
<i>Trichostema dichotomum</i>	Bastard Pennyroyal
<i>Trifolium agrarium</i> *	Yellow Clover
<i>Trifolium areense</i> *	Rabbit-foot Clover
<i>Trifolium hybridum</i> *	Alsike Clover
<i>Trifolium pratense</i> *	Red Clover
<i>Trifolium procumbens</i> *	Low Hop Clover
<i>Trifolium repens</i>	White Clover
<i>Verbascum Blattaria</i> *	Moth Mullein
<i>Verbascum Thapsus</i> *	Common Mullein
<i>Verbena urticifolia</i>	White Vervain
<i>Veronica officinalis</i>	Common Speedwell
<i>Vicia villosa</i> *	Winter Vetch
<i>Viola fimbriatula</i>	Violet
<i>Waldsteinia fragarioides</i>	Barren Strawberry

FERNS

<i>Dicksonia punctilobula</i>	Hay-scented Fern
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CHAPTER III

THE JUNIPER HILLSIDE

THE dry sunny hillside is so rocky and exposed that only a few plants are able to adapt themselves to its rigorous conditions. Among them the red cedar, *Juniperus virginiana*, is the most prominent. They scatter over the hillside; they crown the knolls; they mount the slopes in groups of varying numbers; they assemble on the ridges in long, closely gathered masses. They are always striking in form. As young trees they are slender and columnar and branched to the very ground. As old specimens they are loose-limbed and broadly conical with a strong brown trunk showing below wide up-curving branches. They stand out as picturesque silhouettes against the rocky hillside or show their jagged outlines against the sky. And because these junipers are so telling in form and so impressive in numbers, all the plants that grow about them are known as members of the Juniper Association.

The ground juniper, *Juniperus communis*, is one of them. It is in marked contrast to the cedar. It is a flat and matted shrub with upturned bristly branches. It grows singly or in masses that are spaced far apart.

The Juniper Hillside

The black haw, *Viburnum prunifolium*, grows in small groups close against the cedars. It has a strong angular habit and horizontal branching. The scrub oak and the choke cherry are found here and there. And roses, sweet fern, bayberry and blueberry cover the fields and drift downward into the hollows. The sumachs, too, gather in wide-flung masses in the lower and less sterile spots. Besides, bittersweet and Virginia creeper climb into trees and shrubs, tumble over rocks and clamber over stone walls. And the common barberry, *Berberis vulgaris*, grows there singly or in small clumps. It is really a European variety, introduced years ago, that found this situation so congenial that it became naturalized.

It is the junipers, gray-toned in spring and deeper green later on, that make the foil for the seasonal effects of these shrubs and vines. Their evergreen sets off the black haw when the numerous sprays of white flowers make the one telling flower display of this association. And they make a background for the striking colors that the autumn brings. The black haw foliage turns wine-red then. The Virginia creeper is flame-colored. The bittersweet berries are bright orange-yellow. The leaves of the sumachs make crimson splashes and their velvety fruits are mahogany-red spires. And the junipers themselves have turquoise-blue berries.

The irregular spaces of seemingly barren ground between the juniper groups and the shrub masses are covered with low herbaceous plants. The outcropping ledges are veritable little rock gardens. Mosses and

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lichens spread them with soft grays and greens. Tiny rare maidenhair spleenworts and other small ever-green ferns spring up in many a little nook. The gray rosettes of saxifrages fill every crevice, while the slender stems of the airy columbines rise delicately above their groundwork. These make choice little pictures. The sunny stretches, on the other hand, have different plants. First come the bulbous butter-cups and *Viola fimbriatula*, all gold and blue in the springtime. Next come the yellow and white *Linaria vulgaris*, butter and eggs, surprisingly rare-looking in this setting, and the delicate maroon-touched moth mullein, as dainty as can be. These are really naturalized, but they have long ago become as necessary a detail to the scene as any of the flowers that are truly indigenous. Then, there are pennyroyal and evening primroses, mountain mints and speedwell, St. John's-wort and bush clover, common yarrow and black-eyed Susans. Later, the goldenrods are in flower; *Solidago graminifolia*, *Solidago nemoralis* and *Solidago rugosa* var. *villosa*. They have graceful sprays and dainty flower chains. And with the goldenrods come the asters. *Aster cordifolius* and *Aster prenanthoides* have blue flowers. *Aster vimineus* has small white flowers, and the white slender-sprayed *Aster ericoides* is the daintiest of them all. This intermingled white and gold and blue is scattered lightly over the uneven fields and lasts for several weeks. And, as it fades, the silvery-white everlastings show against the browned autumn-dried flowers and the fawn-colored grasses.

The Juniper Hillside

All of these trees and shrubs, vines, flowers and ferns are sturdy plants. They withstand drastic changes of temperature. They brave poor soil and excessive dryness. They endure windswept exposure. They win out over every adverse condition. But more than this, they adapt themselves with telling informality to the irregular topography, perfect the ruggedness of the environment and vitalize the rock contours.

Such a hillside stands in rugged picturesqueness above the lowlands with their fields and streams. It is in strong contrast to the gray birch copses, to the oak woods and to the pines around it. The very thought of owning it and of keeping it unspoiled is stimulating. Unfortunately, in the course of time and circumstance, the plow may have uprooted many of the shrubs and flowers, and the ax cut away the trees. If that is so, there is a marvelous incentive to recreate what has been destroyed. And if all the plants of a particular hillside have been cleared away, other existing examples can become inspiring guides for their reproduction.

The size of the property matters very little, for the juniper association can adapt itself equally well to large and small places. Its assemblings can be repeated in infinite variety on a large estate, and yet the plants are so few in number that its arrangements are also adapted to limited surroundings, to even the smallest property.

Such a hillside is full of possibilities when it becomes the site for a house. It can influence the

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style and can control the shape, the roof lines, the plan and the materials. In this way, the building becomes one with its surroundings. Under the sway of the rugged picturesqueness, the house becomes low and wide-spread so that it nestles into the hillside. Its outlines are irregular so that the wings and ells fit the uneven slope. The roof has gables and overhanging eaves that seem to repeat the contours. The first floor is arranged on several levels to conform to the topography. And the materials of the house are suggested by the environment. Dark brown shingles can blend with the green of the cedars, stucco can take its tone from the color of the ledges, stone can be hewn from the rocks themselves.

Such a house becomes an actual part of the landscape when its immediate surroundings are also adapted to the topography of the juniper hillside and when the planting plan is developed with the materials that naturally grow there. As soon as the plan is begun, some of the possibilities manifest themselves. Take the drive. It can be adapted to the contours and made to wind naturally up the hill. Its whole way can be outlined with irregular clumps of cedars and the turns marked by groups of black haws. All along the edges masses of blueberries and roses can be planted in broad borders. These plants can surround the turn-around that is sunk inconspicuously into a hollow. They can be brought up to the house itself and arranged against it. The black haw has such an impressive structure that it can be very effective beside the entrance door. The scrub oaks, difficult though

The Juniper Hillside

they are to transplant, are worth a trial because their irregular forms are so striking against the wall. The cherries make an excellent group for the corner of the house where they can best display their shining foliage and their hanging racemes of white flowers. The roses are low enough to be placed under the windows and the little cinquefoils can make a green ground cover for the shrubs and spread their trailers out to the edge of the drive.

In developing the surroundings of the house for outdoor living, some of the most interesting possibilities of the juniper hillside can be realized. Due to the irregular contours, a series of little outdoor places can be built at different levels. Some can be raised a little above the surroundings while others can be sunk cozily into the slope. Dry-laid walls and rugged steps can be built to connect them in an informal manner. The native plant material adapts itself to them all. One little place can be well-sheltered from the wind by masses of enclosing cedars and Virginia creepers can trail over the walls. Another place that is hollowed out of the hill can become a shady court. On the top of its walls common juniper can make a green border and bitter-sweet cover the wall with hanging streamers. The fruit of the bittersweet is so effective that it attracts the attention of everyone, but its little greenish flowers that are arranged in lovely racemes-like clusters are overlooked except by the observant few.

And there is always need for a terrace. It should

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be close to the living-room so that it can be used at any time and at any season. It should be made dry underfoot by well-laid paving while mosses and lichens can be brought in to cover the flags and fill the crevices between. Their matted growth makes a soft floor-covering. A low retaining wall can be built around it. At the base of this wall a narrow border can be filled with evergreen ferns, a mass of polypods with here and there a taller Christmas fern. This wall can be laid without mortar. The earth that binds the stone together can then be filled with tiny spleenwort ferns and with the small polypods as a green background for the gray saxifrages and the silvery white everlastings that can be made to peep out of the wall. Columbines can be tucked into soil pockets everywhere in incredible numbers. They are such lacy plants with their gray-green fern-like leaves and this daintiness is heightened by the way their red and yellow flowers nod on slender stems. Their delightful flowering is followed in the autumn by new rosettes that cover the wall after the far-flung seeds have taken hold in every little crevice of their own accord. This will make a wall garden of unusual delicacy.

The steps of this terrace can lead to a path that is made to wander leisurely through flowers. It can be bordered all along its way with violets and bulbous buttercups. Even after the flowers are gone, their evergreen rosettes make a lasting ground cover. They can be intermingled to edge borders filled with

The Juniper Hillside

fragrant mints and pennyroyals and surrounded with masses of sweet fern. This makes a garden of rare sweet scent. The path can then wander on through other intermingled flowers that spread out in all directions. The autumn effects can be especially interesting when the asters and goldenrods come in bloom with occasional bush clovers rising up among them. For all their gay profusion, they have a rugged refinement which is characteristic of all the flowers that grow in barren soil upon open and wind-dried hillsides.

These naturalistic flower gardens can be surrounded with blueberry bushes. They are lovely shrubs, full of interest through the year. In the spring clusters of white bell-flowers come before the leaves. These are followed later on by sweet blueberries that ripen in the midst of smooth green foliage. In the autumn the leaves turn to a bronze that takes on varied tones with refraction of the sunlight from their shining surfaces. Even in winter the angular branches and the interlaced twigs are charmingly accented by plump little reddish buds.

These low shrubs cover the ground and can be made to drift off to boundaries of cherries and scrub oaks. The viburnums and sumachs can be made telling by adding clumps of cedars. It is planting of this kind that can blend the house and its immediate surroundings imperceptibly with the natural landscape.

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THE JUNIPER ASSOCIATION

TREES

<i>Juniperus virginiana</i>	Red Cedar
<i>Robinia Pseudo-Acacia</i>	Common Locust

SHRUBS

<i>Berberis vulgaris</i> *	Common Barberry
<i>Celastrus scandens</i>	Bittersweet
<i>Cornus paniculata</i>	Dogwood
<i>Juniperus communis</i>	Common Juniper
<i>Lonicera sempervirens</i>	Trumpet Honeysuckle
<i>Myrica asplenifolia</i>	Sweet Fern
<i>Myrica carolinensis</i>	Bayberry
<i>Prunus virginiana</i>	Choke Cherry
<i>Psedera quinquefolia</i>	Virginia Creeper
<i>Quercus ilicifolia</i>	Scrub Oak
<i>Rhus copallina</i>	Dwarf Sumach
<i>Rhus glabra</i>	Smooth Sumach
<i>Rhus typhina</i>	Staghorn Sumach
<i>Ribes vulgare</i> *	Red Currant
<i>Rosa blanda</i>	Rose
<i>Rosa rubiginosa</i> *	Sweetbrier Rose
<i>Rubus allegheniensis</i>	Blackberry
<i>Rubus idæus</i>	Raspberry
<i>Rubus recurvans</i>	Blackberry
<i>Rubus villosus</i>	Dewberry
<i>Vaccinium pennsylvanicum</i>	Low Sweet Blueberry
<i>Viburnum cassinoides</i>	Wild Raisin
<i>Viburnum dentatum</i>	Arrow-wood
<i>Viburnum Lentago</i>	Nannyberry
<i>Viburnum prunifolium</i>	Black Haw
<i>Viburnum pubescens</i>	Downy Arrow-wood
<i>Zanthoxylum americanum</i>	Prickly Ash

HERBS

<i>Achillea Millefolium</i>	Common Yarrow
<i>Anaphalis margaritacea</i>	Pearly Everlasting
<i>Anemonella thalictroides</i>	Rue Anemone
<i>Antennaria neglecta</i>	Everlasting
<i>Antennaria neodioica</i>	Everlasting
<i>Antennaria Parlinii</i>	Everlasting
<i>Antennaria plantaginifolia</i>	Plantain-leaved Everlasting
<i>Aquilegia canadensis</i>	Wild Columbine
<i>Aster cordifolius</i>	Aster
<i>Aster ericoides</i>	Aster
<i>Aster novæ-angliæ</i>	Aster

The Juniper Hillside

HERBS (Continued)

<i>Aster prenanthoides</i>	Aster
<i>Aster vimineus</i>	Small White Aster
<i>Blephilia ciliata</i>	Blephilia
<i>Cerastium vulgatum</i>	Mouse-ear Chickweed
<i>Chimaphila maculata</i>	Spotted Wintergreen
<i>Chimaphila umbellata</i>	Pipsissewa
<i>Chrysanthemum Leucanthemum</i> *	Ox-eye Daisy
<i>Comandra umbellata</i>	Bastard Toad-flax
<i>Desmodium nudiflorum</i>	Tick Trefoil
<i>Gnaphalium polycephalum</i>	Cudweed
<i>Gnaphalium uliginosum</i>	Low Cudweed
<i>Hedeoma pulegioides</i>	American Pennyroyal
<i>Hieracium aurantiacum</i> *	Devil's Paint Brush
<i>Hypericum canadense</i>	St. John's-wort
<i>Lespedeza capitata</i>	Bush Clover
<i>Lespedeza simulata</i>	Bush Clover
<i>Linaria vulgaris</i> *	Butter and Eggs
<i>Luzula parviflora</i>	Wood Rush
<i>Mitchella repens</i>	Partridge Berry
<i>Monarda fistulosa</i>	Wild Bergamot
<i>Monarda punctata</i>	Horse Mint
<i>Oenothera biennis</i>	Common Evening Primrose
<i>Oenothera fruticosa</i>	Sundrops
<i>Oenothera pumila</i>	Evening Primrose
<i>Oxalis filipes</i>	Wood Sorrel
<i>Oxalis stricta</i>	Wood Sorrel
<i>Plantago lanceolata</i> *	Rib Grass
<i>Polygala pauciflora</i>	Fringed Polygala
<i>Polygonatum biflorum</i>	Small Solomon's Seal
<i>Potentilla argentea</i>	Silvery Cinquefoil
<i>Potentilla canadensis</i>	Cinquefoil
<i>Potentilla pumila</i>	Cinquefoil
<i>Prunella vulgaris</i>	Self-heal
<i>Pycnanthemum flexuosum</i>	Mountain Mint
<i>Pycnanthemum virginianum</i>	Mountain Mint
<i>Pyrola chlorantha</i>	Shin Leaf
<i>Pyrola elliptica</i>	Shin Leaf
<i>Ranunculus acris</i> *	Tall Buttercup
<i>Ranunculus bulbosus</i> *	Bulbous Buttercup
<i>Ranunculus fascicularis</i>	Early Crowfoot
<i>Rudbeckia hirta</i>	Black-eyed Susan
<i>Saxifraga virginensis</i>	Early Saxifrage
<i>Smilacina racemosa</i>	False Solomon's Seal
<i>Solidago bicolor</i>	Silver-rod
<i>Solidago graminifolia</i>	Golden-rod
<i>Solidago nemoralis</i>	Golden-rod
<i>Solidago rugosa</i>	Golden-rod

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HERBS (Continued)

<i>Solidago rugosa</i> var. <i>villosa</i>	Golden-rod
<i>Stellaria media</i> *	Common Chickweed
<i>Thalictrum dioicum</i>	Early Rue
<i>Verbascum Blattaria</i> *	Moth Mullein
<i>Veronica officinalis</i>	Speedwell
<i>Viola fimbriatula</i>	Violet
<i>Viola latiuscula</i>	Violet
<i>Viola pubescens</i>	Downy Yellow Violet

FERNS

<i>Aspidium marginale</i>	Shield Fern
<i>Asplenium platyneuron</i>	Spleenwort
<i>Asplenium Ruta-muraria</i>	Wall Rue
<i>Asplenium Trichomanes</i>	Maidenhair Spleenwort
<i>Lycopodium obscurum</i> var. <i>dendroideum</i>	Club Moss
<i>Polypodium vulgare</i>	Polypody
<i>Polystichum acrostichoides</i>	Christmas Fern

CHAPTER IV

THE GRAY BIRCHES

WHEREVER there are gray birches, Nature is in one of her lightest moods. These gray-white trees of slender form gather together in fairy-like groves. Their slim grace is accentuated by the way they often spring up in fives and sixes from a single root. When young they are gray-brown but later on they are phantom-white with black twigs and black notches. The effect is full of that mystery that etchings and delicate pencil drawings have. The gossamer quality is ever present; in the spring when their filmy foliage is light-filled, in summer when their green is soft, in autumn when it is all sun-lit yellow, and even in the winter when the trees take on again their keynote colors from the snow and dark earth.

The floor of these birch groves is spread with ever-green ferns, with luxurious Christmas ferns, with lacy shield ferns, with polypods gathered in delightful green mats and occasionally even with the spleen-worts. The spring spreads the ground with the tiny yellow-blossomed vines of cinquefoils, with the white flowered strawberries, with creeping *Veronica officinalis*, with self-heals and with buttercups. And the

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autumn brings the golden-rod, pearly everlasting and silvery-white aster into bloom.

Here is a scene of delightful simplicity. It can be easily recreated and becomes effective almost immediately. Gray birches are rapid growers and fair-sized trees can be moved without difficulty. It is always advisable to transplant them in the spring. It is safest to use dormant trees but they can be moved even after the new leaves are fairly well developed. This work must be done quickly, however, in fact within a few hours, so that the foliage does not have a chance to droop.

Gray birches are comparatively short-lived. It is, therefore, best to surround them with slower growing and more permanent trees. In nature, the gray birch copses protect the seedling white pines which grow up in their midst and supplant them.

Gray birches are found, too, in many different places and sometimes exist under difficult conditions. They group themselves along slow streams, around drought-enduring bogs, on dry exposed hillsides among cedars, and on the edge of woods and in the shelter of great trees. In such places they heighten the effect of all the other planting.

The delicate way in which gray birches envelop their settings make them especially desirable. On an extensive estate, masses of them can be left to outline the drive, to skirt a sedge-bordered pool, to surround a clearing, to make a sweeping border to a woods and to give a foreground to pines. They are, however, even more appropriate for a small place where they

The Gray Birches

can be gathered in a little grove about a small house. Their dainty habits accentuate the picturesqueness of little ells and one-storied wings, of casement windows and latticed porches, of gay colored shutters and doorways. They are especially fitted, too, to edge little terraces, to encircle tiny lawns and to enclose small gardens. Polypods and tiny spleenworts and black-stemmed *Asplenium platyneuron* can be planted in the crevices of steps and in dry-laid walls. Christmas ferns can be used as borders. Cinquefoils and strawberries can edge the paths with spontaneous irregularity. In among them clumps of self-heals and speedwells can be planted and in back of them there can be masses of buttercups, everlastings, silver-rods and asters. The daintiness of these flowers can be offset by clumps of shield ferns with their tall and graceful fronds. These spring and fall effects, as well as the summer greenness, is always heightened by the sunlight that loves to filter through gray birches and play upon the flower and fern covered ground.

THE GRAY BIRCH ASSOCIATION

TREES

Betula populifolia Gray Birch

HERBS

Anaphalis margaritacea Pearly Everlasting
Aster cordifolius Aster
Aster prenanthoides Aster
Aster vimineus Aster
Epigaea repens Mayflower
Fragaria virginiana Strawberry
Lespedeza capitata Bush Clover
Lespedeza simulata Bush Clover
Oxalis filipes Wood Sorrel
Oxalis stricta Wood Sorrel

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HERBS (Continued)

<i>Potentilla canadensis</i>	Cinquefoil
<i>Potentilla pumila</i>	Cinquefoil
<i>Prunella vulgaris</i>	Self-heal
<i>Ranunculus acris</i> *	Tall Buttercup
<i>Ranunculus bulbosus</i> *	Bulbous Buttercup
<i>Solidago bicolor</i>	Golden-rod
<i>Veronica officinalis</i>	Common Speedwell

FERNS

<i>Aspidium marginale</i>	Shield Fern
<i>Asplenium platyneuron</i>	Spleenwort
<i>Asplenium Trichomanes</i>	Spleenwort
<i>Polypodium vulgare</i>	Polypody
<i>Polystichum acrostichoides</i>	Christmas Fern

CHAPTER V

THE PINES

WHITE pines are lordly evergreens. Within the forest they have trunks of marvelous straightness that rise without side branches to a great height. The infinite repetition of the vertical lines expresses their stateliness. On the edge of the woods, however, the branches are stretched out horizontally in wide-spaced tiers that droop and sway with restful rhythm.

The weathered brown of the bark and the soft green of the foliage is repeated on the earth under the trees by the thick mat of dried needles and the many little ground-covers. There are partridge berries with tiny-leafed, tiny-berried vines. There are bunchberries with little dogwood-like blossoms and red fruit clusters. There are checkerberries that spread by creeping rootstocks into veritable carpets and hide frail little urn-shaped flowers and red berries beneath checkered leaves. There are club mosses with miniature tree-formed shoots and other lycopodiums with thick light-toned evergreen streamers. Evergreen ferns grow in masses. Marvelous lady's slippers are gathered together in colonies. And, here and there, pipsissewas and pyrolas are scattered singly and show their daintily sculptured waxy flowers above evergreen leaves.

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These low ground-covers and the pines above them are a small group that has reserve and dignity. Because the pine gives it its character the group is known as the Pine Association.

White pines grow on the sides of mountains, on the tops of high ridges, on rocky shores and beside cragged lakes. They begin to grow in gray birch woods where shade is provided for their seedlings and protection for the young trees. In particularly rugged spots, the white pine saplings gain foothold among pitch pines and rigorous red pines that establish themselves first. The intermingling of the three varieties brings out interesting differentiations in their bark textures and their needle lengths while the scraggy growth of the pitch pines and of the red pines is a foil for the grandeur of the white pines.

In the north, white pines still cover great areas and have been left undisturbed for centuries. Together with arbor-vitæ, spruce, balsam fir and hemlock they make a landscape rich in varied evergreens. Farther south they are seldom found now as great forests, but are usually seen in small woods, in groups and even as single specimens.

If the pines are young, softly rounded and bushy, it is evident that they are just beginning to establish themselves. In an old woods, however, they may be either sheltering very young oaks or struggling to hold their own in a mature oak woods that is supplanting them.

White pines deserve to be preserved or planted again. Seedlings are used in reforesting and come

The Pines

to their full grandeur only after a century, but fair-sized young trees can be planted on estates and in gardens and they develop, in a comparatively short time, at least some of the dignity of old trees. A few great trees, indeed a single aged pine, already on a property can be ever so valuable as a stately background for the house. The brown bark and the evergreen blend with weathered shingles or contrast well with brick and gray stone. And the wide-spread evergreen-laden branches with needles grouped together in slender clusters is a delightfully shady setting for a garden made up of all the ground-loving companions of the white pines. Bunchberries can outline its paths, partridge berries can make edgings for masses of ferns, checkerberries can be used as ground covers under pipsissewas and pyrolas, while lady's slippers can be planted at the foot of each tree. Such a garden is possible upon many a wooded slope or hill-top. It can be near the house, beside the very terrace or just beyond the living room, or it can be farther away from the house in a more secluded spot wherever a pine rises up above birches or among oaks.

In real forests of white pines, the entire scene can be simply kept intact with paths that are needle-covered, ground that is spread with green creepers, and views that are framed by tall trees. Log cabins and rough stone lodges can be built to fit into these surroundings. They can be low so as to accentuate the height of the trees. They can be inconspicuous, almost invisible even at a short distance, among the rocks and in the shadowy depth of the woods.

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THE PINE ASSOCIATION

TREES

<i>Pinus resinosa</i>	Red Pine
<i>Pinus rigida</i>	Pitch Pine
<i>Pinus Strobus</i>	White Pine

HERBS

<i>Chimaphila umbellata</i>	Pipsissewa
<i>Cornus canadensis</i>	Bunchberry
<i>Cypripedium acaule</i>	Lady's Slipper
<i>Gaultheria procumbens</i>	Checkerberry
<i>Lespedeza capitata</i>	Bush Clover
<i>Lespedeza simulata</i>	Bush Clover
<i>Mitchella repens</i>	Partridge Berry
<i>Pyrola chlorantha</i>	Shin Leaf
<i>Pyrola elliptica</i>	Shin Leaf
<i>Solidago bicolor</i>	Golden-rod
<i>Solidago canadensis</i>	Golden-rod

FERNS

<i>Aspidium marginale</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Lycopodium clavatum</i>	Club Moss
<i>Lycopodium complanatum</i>	Club Moss
<i>Lycopodium obscurum</i> var. <i>dendroideum</i>	Club Moss
<i>Polystichum acrostichoides</i>	Christmas Fern

CHAPTER VI

THE OAK WOODS

OAK woods are found on uplands. They rise above the streams and ponds, surround the sunny fields, fringe the juniper slopes, and cover many a hillside. Sometimes, on the one hand, there are aged white pines left among them on the ridges, and on the other hand the oaks themselves are left on the sides of ravines among beeches, maples and hemlocks.

There are many different kinds of oaks, white oaks and red oaks, scarlet, black and chestnut oaks. The white oaks and the red oaks grow side by side in about equal numbers and sometimes become great gnarled wide-branched trees. Because of their dominance, this woodland which is really composed of a rich variety of vegetation, is called the Oak Association.

In this woods, there are tulip trees, hickories and basswoods, which together with the oaks, make the highest growth. Below them are small trees and shrubs; dogwoods, hop hornbeams and sassafras, bladder nuts, witch-hazels and alternate-leaved dogwoods, pinxter flower, blue tangles, huckleberries and low sweet blueberries, New Jersey teas, arrow-woods and mountain laurels. In their midst honeysuckles, grapes, purple-flowering raspberries and *Clematis verticillaris* twine and tumble, and many herbaceous

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plants and ferns grow underneath. This makes a definitely layered formation which is distinctive of the oak association.

The sequence of its effects is also characteristic. At the very approach of spring the daintiest flowers find their way up through the fallen leaves; pastel-tinted hepaticas, rose-veined spring beauties and gray-rosetted saxifrages, snow-white arabis, tinted anemones and golden-stemmed gray-white blood-roots, anemonellas, heucheras, and bishop's caps. At the same time the oaks are opening their leaf buds in hazy grays, or in warm rose and copper tones. A little later the hickories unfold gray petal-like buds with reflexed scales glistening in gold, salmon and rose. And the ferns beneath are also uncurling their russet-scaled green fronds.

There are other flowers, too, tiny groundnuts, violet-fringed polygalas and all kinds of dainty violets. There are also wild gingers, solomon seals, yellow star grass and greenish yellow bellworts. There are wild geraniums, meadow rues, sarsaparillas, baneberries and false spikenard. Some of these are in bloom when the fleeting whiteness of dogwoods edge the woods, some accompany the clustered pink of *Rhododendron nudiflorum*, and some supplement the flowering of the mountain laurels; occasionally, arbutus is found.

At mid-summer, foxgloves and yellow loosestrifes, lavender and purple-flowered milkweeds, *Anemone virginiana* and *Cimicifuga racemosa*, the snake-root, rise here and there. Later still come the blue and

The Oak Woods

white asters. They mingle their ethereal coloring with the richer autumn tones of the trees and shrubs. Bronze thickets of huckleberries are everywhere under the trees. Above them rise the lithe stems of the arrow-woods with clustered purplish black berries and rose-suffused leaves that have a marvelous mosaic translucence. Above there is the burnished rose, yellow, red and mahogany of the dogwoods, contrasting masses of red and yellow sassafras, the clear yellow of witch-hazels, the pale gold of tulip trees, the straw and russet brown of hickories, intermingled with the rich red and warm rose tones of the turning oaks. And here and there are scarlet dogwood berries that are but a glint and a gleam to be caught before the birds and squirrels make way with them.

Then in the winter the flaky silver-gray of the white oak trunks, the russet-touched huckleberry twigs, the green blueberry stems, and the bark browns and grays of the other trees and shrubs are all held together by the soft burnished browns of the dried oak leaves that stay on some of the oaks and form the ground cover of the woods. Then, the bared trees and shrubs exhibit the structural beauty of their trunks and branches, twigs and buds as at no other time. The stiff angular branching of the oaks, the lacy twiggage of the hop hornbeams, the loosened slabs of the shag-bark hickories, the arching witch-hazel stems, the scalloped seed vessels of the tulip trees, the horizontal dogwood branches with their gracefully curved-up tips terminated by round turban-like buds, are all beautiful in their line drawing while the patterns made

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by the intermingled vegetation are veritable etchings.

These oak woodlands are found near the shore line of the Atlantic coast, all through the rolling country of Massachusetts, Connecticut, New York, Long Island, New Jersey and Pennsylvania, and upon the high ridges of the Alleghanies from Vermont to Georgia.

These are the woods, then, that are found on many a country estate. They provide the setting for the house and the background for the lawns and gardens. Their naturalistic character has an intrinsic beauty that pervades the entire property and that can be retained and reproduced in every part of it. A wide-branched tree often suggests a natural entrance and from it the drive can wind its way in gentle curves up to the house. With careful planning every tree of value can be retained and as little of the undergrowth as possible need be sacrificed for the road-bed. On either side of it the larger trees show their dark columns, the smaller trees make filmy screens, the herbaceous plants intermingle as ground covers and here and there, where there is sufficient light, shrubs appear ever so delicately. This planting is distinctive and is doubly significant when it is consistently brought up to the immediate surroundings of the house, used to encircle the terrace, forecourt and courtyard, and placed up against its very walls.

Pinxter flowers and blueberries, for instance, can be planted under the windows. Slender bladder nuts are good against narrow wall spaces. Alternate-leaved dogwoods and witch-hazels are effective at

The Oak Woods

corners. *Clematis verticillaris* with pinkish purple flowers can be trained against the wall beside large-leaved fragrant wild grapes. And dogwoods, even hop hornbeams and sassafras, can be used everywhere, as wall screens, as courtyard enclosures, as accents for window groups and doors.

More than this, the woodland should imbue the house with its very spirit. It should suggest the building materials that are harmonious with it, such as weathered shingles, blackish slate, dark oak, soft-toned stucco, hand-made brick or stone. It should govern, too, the form of the house so that it with its eaves and wings and surrounding buildings adapts itself to the natural contours of the land and to the character of the scene.

When the house is used only in the summer, it is often hidden deep in the woods. For all year around, however, it needs to be placed on the edge of a clearing in sunlight. Such an open space is found in the outlying fields and meadows that are frequent in the midst of old woodlots. Here lawns can be the terraces immediately about the house, while the rest of the grass can be left unclipped in keeping with the naturalistic surroundings. Here each great old tree, too, can be left as a wonderful feature.

It is important to keep or to recreate the spontaneous outlines of the woods. Along the edge, the natural decorativeness of trunks and branches, of twiggage, of varying foliage greens and of different leaf forms can be noticed. And there, the sunlight makes all the trees and shrubs flower abundantly.

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The bloom of the dogwood is striking. These trees are often distributed so thickly that, at flower time at least, they seem to be the most significant. They constitute, however, only the first display. Here, *Rhododendron nudiflorum* is full of color. The mountain laurels, too, flower luxuriantly. The arrowwoods make a white flower line with flat panicles held on stems of equal height, and the New Jersey tea blossoms that come a little later are soft against the mid-summer green. In the meanwhile, the bladder nuts are delicately beautiful with drooping white flowers and the hop hornbeams have dangling spring-time fruit that is as green as their filmy birch-like leaves. Both of these trees can be used in small groups here and there to lighten the effect. About the same time the branches of the tulip trees, far overhead, hold out great flowers with reflexed green sepals and greenish-yellow petals painted with orange. Tulip trees generally grow singly and widely scattered. The tree is very striking because of the way its great columnar shaft rises straight up through the interwoven branches of other trees.

Another effect is always a surprise when toward the end of October the witch-hazels come unexpectedly into flower. They can be used in telling groups, for their light-filled yellow flowers add indescribable loveliness to the intermingled trees and shrubs.

Around these clearings lie the main woods. Bridle-paths and trails can be cut through to reach every part. First a wide path can be made all around the edges of the estate to outline the property's full ex-

The Oak Woods

tent and serve as fire barrier. Other paths may lead along the ridges, skirt a pasture or small clearing, dip down into the valley, cross a little stream by ford or stone bridge, climb a slope, pass rocky outcrops, mount the natural steps of ledges and reach the top of the hill for the view.

Sometimes, on a wood lot of perhaps fifty acres, it can take an hour or more to walk around the entire woods, but there are always cross paths, too, that make it possible to return in shorter time without retracing any steps. Such walks are always full of adventure, especially if there is an intimate knowledge of the woods.

It requires no little art to leave the woods absolutely natural and seemingly untouched. And yet, nature can be aided. Dried underbrush and dead trunks can be cleared away, crowded woods can be thinned, great old specimens can be singled out, and diseased and dying trees can be treated. Moreover, burnt-over areas can be encouraged. Even in the short period of five years a marked change will be noticed. The vigor of the older trees that have been saved from too severe fire will seem fully renewed. The sprouts that start from stumps will be approximately eighteen feet high. New branches will overarch the paths and shadows will begin to creep across them. The undergrowth, by that time, will be full grown again and the whole area will take on again the semblance of a real wood.

All during this time, new trees, new shrubs and new flowers can be planted. There are opportunities

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for the most delightful naturalizing. All the little plants that are so characteristic a part of the oak woods can be reestablished. They can be assembled along the paths. Hepaticas, spring beauties, anemones, violets and bloodroots can be planted by the hundreds, even by the thousands in colonies. The maianthemum can be reestablished in groups at the base of tree trunks. The groundnuts can be planted in little mats. Both have the tiniest slender-stalked flowers in spring. Close by them *Aster macrophyllus* with its large leaves can be planted in thick masses. The various depths of soil and the different degrees of light penetrating through the foliage overhead influence their special preferences as to sites. Some, like the wood betony, the milkweeds, the loosestrifes, as well as the arbutus (if it will grow at all), seek the sunny spots. Wild sarsaparillas, baneberries and bellworts gather in little clumps in the shade. Arabis and wild ginger, saxifrages and showy orchids, summer-flowering anemones and snakeroots are found in the natural rockeries. And amid all these are many kinds of graceful asters. There are, too, many kinds of ferns, the various botrychiums, *Aspidium marginale*, *Aspidium spinulosum*, *Woodsia obtusa* and, wherever limestone outcrops appear, is *Camptosorus rhizophyllus* or walking leaf.

These intermingled herbaceous plants make flower pictures that can be brought to their finest perfection where the paths draw near the house. The garden below the terrace, beside the porch, or within the courtyard can be kept in the spirit of this planting,

The Oak Woods

with the choicest of the trees, shrubs and flowers reserved for it. Tall tulip trees may rise above it or a great oak may shelter it. Dogwoods can be planted all around it and may also be used as specimens within the garden. Masses of mountain laurel in irregular hedgings will in a comparatively few years become shoulder-high.

Within such an enclosure the borders can be edged with *Mitella diphylla*, the bishop's cap, *Heuchera americana*, the alum root, and *Tiarella cordifolia*, the false mitre-wort. In spring their delicate white spires fill the garden, with the white of dogwoods above them. A little later they make a green cover with rosettes of lobed and heart-shaped leaves. Violets can be planted everywhere among them: *Viola pubescens*, the downy yellow violets, *Viola latiuscula*, *Viola palmata*, *Viola triloba*, and *Viola rostrata*, the long-spurred violets all found growing under oaks.

All these plants can be used, too, as a kind of groundwork for groups of light green ferns, white lacy-foliaged meadow-rues, decorative solomon seals, false spikenard, dainty gerardias, and the most delicate of the wood asters. Squaw huckleberries may be planted among them, far apart in the manner that they naturally grow. These are precious shrubs with loosely arranged horizontal sprays, soft foliage, and the most delightful little bell-shaped white blossoms with decorative russet-toned stamens.

This would make a green and white garden with violets, light blue asters and blush and pink mountain laurels to offset it. It would be a garden where leaf

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forms and foliage textures would count as much as the flowers. It would be a garden of infinite refinement, an enviable garden to have close to the house.

The owner of the large estate has begun to understand the rich heritage that is his. He is appreciating the landscape value of the oak woods, is preserving their beauty and allowing their character to control the character of his house and its surroundings. The owner of a few acres has the same opportunities even if he has not quite so varied a landscape. He, too, can retain the roadside growth, build his house under the trees, reestablish the natural outlines of the clearing and preserve the real charm of the woods in their minutest details.

Many suburban communities are becoming established upon the wooded ridges that surround our cities. It is to be hoped that the natural beauty of these places will be fully realized before the untutored ax clears it away in preparing house sites as it has too often done before. Many suburban dwellers prefer roads that hold the charm of country lanes, with houses nestled cosily beneath great trees and surrounded with the growth that belongs there. Too many opportunities for beauty have been lost in sacrificing all the undergrowth and thinning the woods.

Isolated forest trees soon become diseased and die. And yet, wherever a few trees still remain, wherever a solitary hickory, a group of oaks or a few scattered tulip trees are left to give a clue, they can become the nucleus around which the vegetation that belongs to the oak woods may again be planted. Even on small

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lots with but a single big tree, the characteristic small trees and shrubs can be planted against the house and around the lawns, and the natural flowers and ferns can be gathered together in pleasant sun-flecked gardens.

THE OAK ASSOCIATION

TREES

<i>Carya alba</i>	Mocker Nut
<i>Carya glabra</i>	Pignut
<i>Carya ovata</i>	Shag-bark Hickory
<i>Cornus florida</i>	Flowering Dogwood
<i>Liriodendron Tulipifera</i>	Tulip Tree
<i>Morus alba</i> *	White Mulberry
<i>Ostrya virginiana</i>	Hop Hornbeam
<i>Prunus pennsylvanica</i>	Wild Red Cherry
<i>Prunus serotina</i>	Wild Black Cherry
<i>Pyrus americana</i>	American Mountain Ash
<i>Quercus alba</i>	White Oak
<i>Quercus coccinea</i>	Scarlet Oak
<i>Quercus Muhlenbergii</i>	Yellow Oak
<i>Quercus Prinus</i>	Chestnut Oak
<i>Quercus rubra</i>	Red Oak
<i>Quercus stellata</i>	Post Oak
<i>Quercus velutina</i>	Black Oak
<i>Sassafras variifolium</i>	Sassafras
<i>Tilia americana</i>	Basswood

SHRUBS AND VINES

<i>Amelanchier canadensis</i>	Shad Bush
<i>Ceanothus americanus</i>	New Jersey Tea
<i>Celastrus scandens</i>	Bitter-sweet
<i>Clematis verticillaris</i>	Clematis
<i>Cornus alternifolia</i>	Alternate-leaved Dogwood
<i>Diervilla lonicera</i>	Bush Honeysuckle
<i>Gaylussacia frondosa</i>	Blue Tangle
<i>Hamamelis virginiana</i>	Witch-hazel
<i>Ilex verticillata</i>	Winterberry
<i>Kalmia latifolia</i>	Mountain Laurel
<i>Lonicera sempervirens</i>	Trumpet Honeysuckle
<i>Rhamnus cathartica</i> *	Common Buckthorn
<i>Rhododendron nudiflorum</i>	Pinxter Flower
<i>Ribes Cynosbati</i>	Prickly Gooseberry
<i>Ribes rotundifolium</i>	Gooseberry
<i>Rosa setigera</i>	Climbing Rose

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SHRUBS AND VINES (Continued)

<i>Rubus odoratus</i>	Purple-flowering Raspberry
<i>Staphylea trifolia</i>	Bladder Nut
<i>Vaccinium pennsylvanicum</i>	Low Sweet Blueberry
<i>Vaccinium stamineum</i>	Squaw Huckleberry
<i>Vaccinium vacillans</i>	Late Low Blueberry
<i>Viburnum acerifolium</i>	Arrow-wood
<i>Vitis aestivalis</i>	Summer Grape
<i>Vitis labrusca</i>	Northern Fox Grape

HERBS

<i>Actea alba</i>	White Baneberry
<i>Actea rubra</i>	Red Baneberry
<i>Anaphalis margaritacea</i>	Pearly Everlasting
<i>Anemone quinquefolia</i>	Wood Anemone
<i>Anemone virginiana</i>	Anemone
<i>Anemonella thalictroides</i>	Rue Anemone
<i>Antennaria neglecta</i>	Everlasting
<i>Antennaria neodioica</i>	Everlasting
<i>Antennaria plantaginifolia</i>	Plantain-leaved Everlasting
<i>Aquilegia canadensis</i>	Wild Columbine
<i>Arabis lyrata</i>	Rock Cress
<i>Aralia nudicaulis</i>	Wild Sarsaparilla
<i>Asarum canadense</i>	Wild Ginger
<i>Asclepias phytolaccoides</i>	Poke Milkweed
<i>Asclepias quadrifolia</i>	Milkweed
<i>Asclepias variegata</i>	Milkweed
<i>Aster acuminatus</i>	Aster
<i>Aster cordifolius</i>	Aster
<i>Aster divaricatus</i>	Aster
<i>Aster infirmus</i>	Aster
<i>Aster linariifolius</i>	Aster
<i>Aster macrophyllus</i>	Aster
<i>Aster prenanthoides</i>	Aster
<i>Baptisia tinctoria</i>	Wild Indigo
<i>Chimaphila maculata</i>	Spotted Wintergreen
<i>Chimaphila umbellata</i>	Pipsissewa
<i>Cimicifuga racemosa</i>	Black Snakeroot
<i>Claytonia virginica</i>	Spring Beauty
<i>Comandra umbellata</i>	Bastard Toad-flax
<i>Corydalis sempervirens</i>	Pale Corydalis
<i>Cynoglossum virginianum</i>	Wild Comfrey
<i>Cypripedium acaule</i>	Lady's Slipper
<i>Epigaea repens</i>	Mayflower
<i>Galium Aparine</i>	Cleavers
<i>Galium circaezans</i>	Wild Liquorice
<i>Galium lanceolatum</i>	Wild Liquorice
<i>Gaultheria procumbens</i>	Checkerberry

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HERBS (Continued)

<i>Geranium maculatum</i>	Wild Cranesbill
<i>Gerardia flava</i>	Downy False Foxglove
<i>Gerardia virginica</i>	Smooth False Foxglove
<i>Hepatica triloba</i>	Hepatica
<i>Heuchera americana</i>	Common Alum Root
<i>Hieracium venosum</i>	Poor Robin's Plantain
<i>Hypoxis hirsuta</i>	Star Grass
<i>Lespedeza capitata</i>	Bush Clover
<i>Lespedeza simulata</i>	Bush Clover
<i>Luzula parviflora</i>	Wood Rush
<i>Lysimachia quadrifolia</i>	Loosestrife
<i>Maianthemum canadense</i>	Maianthemum
<i>Melampyrum lineare</i>	Cow Wheat
<i>Mitchella repens</i>	Partridge Berry
<i>Mitella diphylla</i>	Bishop's Cap
<i>Oakesia sessilifolia</i>	Oakesia
<i>Orchis spectabilis</i>	Showy Orchis
<i>Oxalis filipes</i>	Wood Sorrel
<i>Oxalis violacea</i>	Violet Wood Sorrel
<i>Panax trifolium</i>	Groundnut
<i>Pedicularis canadensis</i>	Wood Betony
<i>Pentstemon laevigatus</i> var. <i>Digitalis</i>	Beard-tongue
<i>Polygala pauciflora</i>	Fringed Polygala
<i>Polygonatum biflorum</i>	Small Solomon's Seal
<i>Potentilla canadensis</i>	Cinquefoil
<i>Potentilla pumila</i>	Cinquefoil
<i>Prunella vulgaris</i>	Self-heal
<i>Pyrola chlorantha</i>	Shin Leaf
<i>Pyrola elliptica</i>	Shin Leaf
<i>Sanguinaria canadensis</i>	Bloodroot
<i>Saxifraga virginensis</i>	Early Saxifrage
<i>Scrophularia leporella</i>	Figwort
<i>Smilacena racemosa</i>	False Spikenard
<i>Solidago bicolor</i>	Golden-rod
<i>Solidago casia</i>	Golden-rod
<i>Solidago latifolia</i>	Golden-rod
<i>Solidago squarrosa</i>	Golden-rod
<i>Thalictrum dioicum</i>	Early Meadow Rue
<i>Thalictrum revolutum</i>	Meadow Rue
<i>Tiarella cordifolia</i>	False Miterwort
<i>Triosteum auranticum</i>	Horse Gentian
<i>Uvularia grandiflora</i>	Bellwort
<i>Uvularia perfoliata</i>	Bellwort
<i>Veronica officinalis</i>	Speedwell
<i>Viola latiuscula</i>	Violet
<i>Viola palmata</i>	Violet
<i>Viola pubescens</i>	Downy Yellow Violet

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HERBS (Continued)

<i>Viola rostrata</i>	Long-spurred Violet
<i>Viola triloba</i>	Violet

FERNS

<i>Aspidium marginale</i>	Shield Fern
<i>Aspidium noveboracense</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Asplenium platyneuron</i>	Spleenwort
<i>Asplenium Ruta-muraria</i>	Spleenwort
<i>Asplenium Trichomanes</i>	Spleenwort
<i>Botrychium obliquum</i> var. <i>dissectum</i>	Moonwort
<i>Botrychium simplex</i>	Moonwort
<i>Botrychium ternatum</i>	Moonwort
<i>Botrychium virginianum</i>	Rattlesnake Fern
<i>Camptosorus rhizophyllus</i>	Walking Leaf
<i>Lycopodium clavatum</i>	Club Moss
<i>Lycopodium lucidulum</i>	Club Moss
<i>Lycopodium obscurum</i> var. <i>dendroideum</i> .	Club Moss
<i>Pellaea atropurpurea</i>	Cliff Brake
<i>Polypodium vulgare</i>	Polypody
<i>Polystichum acrostichoides</i>	Christmas Fern
<i>Polystichum acrostichoides</i> var. <i>Schwein-</i> <i>itzii</i>	Christmas Fern
<i>Pteris aquilina</i>	Brake
<i>Woodsia obtusa</i>	Woodsia

CHAPTER VII

THE BEECH-MAPLE-HEMLOCK WOODS

BEECHES, maples and hemlocks are found growing together in old and stately woods. The hemlocks are tall evergreen trees with seal brown trunks, drooping branches and short flat needles. The maples are sturdy round-topped trees. Their trunks are furrowed and gray-brown, their strong branches are noticeably upright, their leaves are deeply lobed. The beeches are broad symmetrical trees. Their smooth trunks are steel gray, their horizontal branches are placed in widespread tiers, their slender buds and pointed leaves are arranged far apart on spray-like stems.

These three trees occur in varied proportions according to the quality of the soil, the amount of moisture and the temperature. Sometimes, there are almost all hemlocks, as in the far north and on high mountains. These forests are dark and green. Then again, there are almost all maples, as in the far south, whose open branching allows the light to filter through thickly clustered foliage. And sometimes, in places where the climate is moderate and the soil is very rich, there are all beeches. These woods are marked by the grayness of their trunks and twigs. When all three

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trees are about equally able to adapt themselves to prevailing conditions they intermingle and form a mixed woods that is known as the Beech-Maple-Hemlock Association.

The charm of this association depends upon the way the three trees appear together in all stages of their growth. There are century-old specimens of gigantic size and incomparable beauty and saplings that have all the loveliness of bark and trunk, of branch and twig, of leaf and bud that is so delightful in maturer trees. This intermingling of trees of all ages is a characteristic unique to the Beech-Maple-Hemlock Association.

The young trees take the place of the undergrowth usual in other woods, but occasionally a few other trees and shrubs are mingled with them. There may be scattered groups of white birches, black birches and yellow birches, masses of mountain laurels, ground covers of evergreen yews. There may be arrow-wood, striped maples and mountain maples appearing here and there and, also, occasional dogwoods, witch-hazels and alternate-leaved dogwoods.

The interlacing branches make the woods quite shady. Herbaceous plants are, therefore, only found where sufficient light can penetrate. Then there are violets and trilliums, dutchman's breeches and spike-nards, bellworts and star-flowers, wild ginger, twisted stalks and Indian cucumber-roots, and various other little plants with delightfully delicate flowers, foliage and fruit. Ferns take their place wherever there is deeper shade, and waxy Indian pipes and brown beech

The Beech-Maple-Hemlock Woods

drops are found in the darkest spots. All these other trees, shrubs, flowers and ferns are only incidental to the three main trees and it is this incidental quality that forms a foil for the dignity of the beeches, maples and hemlocks.

These woods exist only in remote places and are on land that has been untouched for a long time. Many of them have been cut for lumber or to make way for farming and grazing lands. Whenever they are destroyed they seem utterly lost, for it takes over a century to replace them. Only a very few of the age-old forests remain and they are veritable landmarks. Even the younger woods are becoming comparatively rare. Their beauty is so precious that every effort to preserve them is worth-while. Their preservation makes a special appeal to every lover of trees.

Such a woods makes a priceless estate and an impressive setting for a great house. The first problem in connection with it is always the plotting of the drive. And this is more than a question of engineering, for, in arranging lines and curves, the spirit of the woods has to be retained with the finest parts of the young growth preserved and every great tree effectively singled out. The opening of the drive gives a chance for observing not only the loveliest stretches of beeches, maples and hemlocks but the incidental growth. Groups of birches will grow along the sides. The colorful glossy trunks of the white birches, of the black birches and of the yellow birches can be made enlivening notes among the other trees. All of these birches are slender trees with arching branches and

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showery clusters of thin twigs from which the finely serrated leaves hang in filmy effect. At mid-summer the birch foliage is light and airy and in the autumn it is touched with yellow, the olive-yellow tone of the yellow birches being particularly lovely. There are, also, the striped maples, their trunks marked with green and yellow-white. In the fall their large leaves turn straw-colored. There are mountain maples, too, that are shrub-like with noticeable large leaves that are conspicuously orange and red in the autumn. Here and there the wayfaring trees can be distinguished by the rigorous structure of their horizontal branches. Their large white flowers are an outstanding feature of the spring while the wine-red tone of their foliage adds a rich note to the woods in the fall. There are, too, yews and mountain laurels and occasional dogwoods and witch-hazels. All these trees and shrubs will grow luxuriantly wherever the building of the drive admits sunlight. In back of them, there will be the deep, undisturbed, even shade that is so distinctly characteristic of the beech-maple-hemlock woods.

The drive can be continued to a point where a view suggests a site for the house. Where there is no natural clearing the woods has to be opened up to provide sufficient sunlight. They should be thinned with the greatest care and every effective tree left to become a feature of the lawn. Where they have plenty of space maples become beautifully symmetrical and beeches become wide-spread and statuesque. Besides, circles of young beeches have a way of devel-

The Beech-Maple-Hemlock Woods

oping around great old beeches. These are so full of interest that they are worth keeping.

The house itself can become a part of its setting when the plan, the height of the walls, the pitch of the roof and the length of the chimneys can be adapted to the contours and when the material of the house can be in keeping with the dignity of the woods. This will be evident even at a distance when a glimpse of the house is caught in the midst of the trees. In a nearer view the link between the house and its setting can be made stronger through the planting, by the use of laurels and yews, of wayfaring trees and birches, of striped maples and mountain maples planted against the walls. And beeches and hemlocks can be planted as hedges for the courtyards and gardens. All these trees and shrubs ought to be planted about the entire area immediately around the house and lawn so that they can blend imperceptibly into the woodland.

Grounds of more limited area are also full of opportunities. Even the small place, in the shelter of a hillside still covered with beeches, maples and hemlocks can use a planting plan composed entirely of the trees and shrubs, flowers and ferns that belong there. Just a single great tree left standing upon a property can suggest a similar planting. There striped and mountain maples, hemlocks and beeches can be arranged in unclipped hedges and hedgerows. Then yellow birches can be chosen to mark the entrance, specimen yews can be planted on either side of the doorway, ferns and laurels can make borders below

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the windows and groups of wayfaring trees or birches can be planted at the corners.

The outstretched branches of the great tree can shelter a tiny terrace. This terrace may be paved and then bordered with yews and ferns and edged with violets, tiarellas and heucheras. This tree can also cast its shade upon a little garden with paths and steps that wind between irregular borders adapted to the slope and with planting that accentuates the naturalistic character of the grounds. There white birches may be used as accents and the lithe-stemmed maple-leaved viburnums can be used in scattered clumps amid a profusion of flowers and ferns. Masses of dutchman's breeches can be planted in the rocky outcrops among little spleenworts, polypods, purple cliff brakes and beech ferns. Wild ginger with satiny heart-shaped leaves may grow in clumps nearby. Trilliums can be gathered at the base of the tree trunks. The painted trilliums, *Trillium undulatum*, and the large white-flowered *Trillium grandiflora* with heavy ovate leaves, the nodding trilliums, *Trillium cernuum*, whose fragrant flowers hide beneath the foliage, and *Trillium erectum*, with a comparatively long stalk that holds a single terminal purple-red flower above the usual whorl of three leaves can be used. These are offset by the great fronds of marginal shield ferns. There are, too, baneberries and false solomon seals to gather into clumps among the maple-leaved viburnums. Some of the taller ferns like *Aspidium spinulosum* can be intermingled with them. Heucheras, tiarellas and bishop's caps can be

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planted along the paths and can show their little white spires and rosetted leaves in between groups of Christmas ferns. Besides, all sorts of delicately modeled flowers like the drooping bellworts, the nodding green solomon seals, the twisted stalks, the seven-petaled star-flowers and Indian cucumber-roots can be arranged in scattered groups here and there. And violets can be planted as a ground cover for all the other flowers. There is the tiny white violet, *Viola blanda*, that is faintly sweet-scented. There is the blue and white *Viola palmata* with cut leaves. There is the downy yellow violet, *Viola pubescens*, the long spurred violet, *Viola rostrata*, and the woolly blue violet, *Viola sororia*, whose flowers grade from lavender to violet and are held above the leaves.

These intimate little flowers make delightfully informal gardens but their real value lies in the way they complete the setting suggested by the existing great tree and help to create the atmosphere of a natural beech-maple-hemlock association.

THE BEECH-MAPLE-HEMLOCK ASSOCIATION

TREES

<i>Acer pennsylvanicum</i>	Striped Maple
<i>Acer saccharum</i>	Sugar Maple
<i>Acer spicatum</i>	Mountain Maple
<i>Betula alba</i>	White Birch
<i>Betula lenta</i>	Black Birch
<i>Betula lutea</i>	Yellow Birch
<i>Castanea dentata</i>	Chestnut
<i>Cornus florida</i>	Flowering Dogwood
<i>Fagus grandifolia</i>	Beech
<i>Fraxinus americana</i>	White Ash
<i>Liriodendron Tulipifera</i>	Tulip Tree
<i>Tilia americana</i>	Basswood
<i>Tsuga canadensis</i>	Hemlock

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SHRUBS

<i>Amelanchier canadensis</i>	Shad Bush
<i>Amelanchier oblongifolia</i>	Juneberry
<i>Cornus alternifolia</i>	Alternate-leaved Dogwood
<i>Hamamelis virginiana</i>	Witch-hazel
<i>Kalmia latifolia</i>	Mountain Laurel
<i>Taxus canadensis</i>	American Yew
<i>Viburnum acerifolium</i>	Arrow-wood
<i>Viburnum Lantana</i>	Wayfaring Tree

HERBS

<i>Actæa alba</i>	White Baneberry
<i>Actæa rubra</i>	Red Baneberry
<i>Asarum canadense</i>	Wild Ginger
<i>Circea luteiana</i>	Enchanter's Nightshade
<i>Cornus canadensis</i>	Bunchberry
<i>Cypripedium acaule</i>	Stemless Lady's Slipper
<i>Dicentra Cucullaria</i>	Dutchman's Breeches
<i>Epifagus virginiana</i>	Beech-drops
<i>Eupatorium urticæfolium</i>	White Snakeroot
<i>Geranium Robertianum</i>	Herb Robert
<i>Heuchera americana</i>	Common Alum Root
<i>Luzula parviflora</i>	Wood Rush
<i>Maianthemum canadense</i>	Maianthemum
<i>Medeola virginiana</i>	Indian Cucumber-root
<i>Mitchella repens</i>	Partridge Berry
<i>Mitella diphylla</i>	Bishop's Cap
<i>Monotropa uniflora</i>	Indian Pipe
<i>Orchis spectabilis</i>	Showy Orchis
<i>Oxalis Acetosella</i>	Common Wood Sorrel
<i>Oxalis violacea</i>	Violet Wood Sorrel
<i>Polygonatum biflorum</i>	Small Solomon's Seal
<i>Prenanthes alba</i>	White Lettuce
<i>Prenanthes trifoliolata</i>	Gall-of-the-earth
<i>Smilacina racemosa</i>	False Spikenard
<i>Streptopus roseus</i>	Twisted-stalk
<i>Tiarella cordifolia</i>	False Miterwort
<i>Trientalis americana</i>	Star Flower
<i>Trillium erectum</i>	Wake Robin
<i>Trillium grandiflorum</i>	Wake Robin
<i>Uvularia grandiflora</i>	Bellwort
<i>Uvularia perfoliata</i>	Bellwort
<i>Viola blanda</i>	Violet
<i>Viola palmata</i>	Violet
<i>Viola pubescens</i>	Downy Yellow Violet
<i>Viola rostrata</i>	Long-spurred Violet
<i>Viola sororia</i>	Violet
<i>Viola triloba</i>	Violet

The Beech-Maple-Hemlock Woods

FERNS

<i>Adiantum pedatum</i>	Maidenhair
<i>Aspidium marginale</i>	Shield Fern
<i>Aspidium noveboracense</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Asplenium Filix-femina</i>	Lady Fern
<i>Asplenium platyneuron</i>	Spleenwort
<i>Asplenium Ruta-muraria</i>	Spleenwort
<i>Asplenium Trichomanes</i>	Spleenwort
<i>Botrychium obliquum</i> var. <i>dissectum</i> ..	Moonwort
<i>Botrychium ternatum</i>	Moonwort
<i>Botrychium virginianum</i>	Rattlesnake Fern
<i>Camptosorus rhizophyllus</i>	Walking Leaf
<i>Cystopteris fragilis</i>	Bladder Fern
<i>Dicksonia punctilobula</i>	Hay-scented Fern
<i>Pellaea atropurpurea</i>	Cliff Brake
<i>Phegopteris Dryopteris</i>	Oak Fern
<i>Phegopteris hexagonoptera</i>	Beech Fern
<i>Phegopteris polypodioides</i>	Beech Fern
<i>Polypodium vulgare</i>	Polypody
<i>Polystichum acrostichoides</i>	Christmas Fern
<i>Woodsia obtusa</i>	Woodsia

CHAPTER VIII

THE HEMLOCK RAVINE

HEMLOCKS grow on the side of deep ravines. Their roots find foothold between big boulders. Their tall dark trunks tower beside great cliffs. Their soft branches throw shadows over fern-covered rocks. In the deep hollows water trickles over mossy ledges. All is dark and cool and green. Even at noon-day when the sun is high the wood is held in lavender light.

In the rich moist ravines of the north, the ground is covered with yews. These low shrubs with their short-needled branches repeat the delicate structure of the hemlocks above them. Farther south, throughout the Alleghanies, rhododendrons grow in these deep woods. Their leaves are large and leathery, their green rich and glossy. They grow tree-like with wide-flung angular branches that often arch overhead. Mountain laurels with their luxuriant evergreen are found there, both in the north and in the south. So, too, is the *Viburnum alnifolium*, or hobble-bush. It has a vigorous structure, horizontal branches, large white flowers and generous heart-shaped leaves that are a rich wine-red in the fall. There are, also, striped maples and mountain maples. The striped maple is particularly noticeable for its trunk has vertical alternately green and yellow-white markings.

The Hemlock Ravine

Many delicate plants, too, grow in these woods: bishop's caps with dainty white spires, heucheras with their airy flowers, violets, golden saxifrages, bell-worts, solomon's seals, bunchberries, wild gingers and many another whose foliage is as delightful as the flowers.

The flooring of the woods depends, however, for its real loveliness upon its many ferns. On the flat tops of the rocks are luxuriant mats of little polypods. On their vertical sides, caught in the niches, are cliff brakes and rock brakes. Frail bladder ferns seek foothold nearer the water and cling to wet boulders. Maidenhairs seek the moist ground nearby. Sometimes spleenworts grow there, too. These ferns are, however, less dependent upon moisture and are found as well on the sides of the ravine. Their slender little clusters often spring up beside cliff brakes and tuck themselves in among polypods. Their long glossy black stems make effective silhouettes against gray lichen-covered rocks. And, sometimes, among all these there are walking ferns. Their curious long-tapered leaves reach out, touch the rock, take root, form new plants and, thus reproducing themselves, trail further year by year across huge limestone ledges. Woodsias, too, grow in luxuriant masses. They are all silvery green in the spring-time. *Woodsia ilvensis* is often found within a few feet of the trickling water, while *Woodsia obtusa* loves the stony hill-sides and grows either in the sun on the very top or on dry rocks in shady places. And luxuriant dark-toned evergreen Christmas ferns grow in satisfying

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masses wherever rich earth fills the spaces between rock and ledge. There are, besides, *Aspidium marginale* and *Aspidium spinulosum*. Both are tall evergreen ferns of graceful habit. They gather together in delightful groups. They assume the place of shrubs in situations that do not permit shrubs to grow. They are particularly fine where they have room really to express themselves. And in these woods, so rich in ferns, even the mosses have a fern-like character and spread their leaf-like patterns flat upon the rocks.

This scene, filled with varying tones of quiet green, lies in such subdued light and is held in such soft shadows that it seems caught in enchantment. This atmosphere is worth preserving even if our grounds are small and there is but a single old hemlock upon them.

It may be that the house can be built right beside the tree, almost under its branches, and that the windows, porch or paved terrace can open upon a hemlock-shaded garden surrounded with laurels and rhododendron and matted with yews and ferns. The hemlock may, however, be in a more secluded spot away from the house, often on the side of the hill, guarding rocks and ledges with a stream nearby to trickle over the stones. This can be made into a delightfully cool retreat. If the hemlock happens to be situated in a less fortunate spot a few great rocks can be brought in to form a quiet nook and a rough stone seat can be built into a shady corner. A hidden pipe can be installed, too, so that water can drip slowly,

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intermittently even, over some of the stones. Such a place can be made into an ideal fern garden. The twenty or more different kinds found in hemlock ravines, and here described, can be gathered together and put into congenial situations such as they have in the woods. This is not just a miscellaneous collection. They naturally belong together and for that reason are really effective.

In creating such a natural scene, masses of the big *Aspidium marginale*, the shield fern, can be planted as a background. Colonies of little polypods, growing luxuriantly either in sun or shade, can be spread over the tops of the rocks. Wherever there are limestone rocks, mats of *Camptosorus rhizophyllus*, the walking leaf, can be established. Innumerable *Asplenium platyneuron*, one of the delicate spleenworts, *Pellea atropurpurea*, the cliff brake, and the rosetted *Woodsia obtusa* can be planted here and there in the crevices between the rocks. *Cryptogramma Stelleri*, the slender rock brake, can be used to fill every little soil pocket. Patches of the moss-like *Selaginella rupestris* and the soft silvery green *Woodsia ilvensis* are worth trying on dry exposed places. In shady spots, *Asplenium Ruta-muraria*, the little spleenwort, *Asplenium Trichomanes*, the tiny tufted spleenwort, *Phegopteris Dryopteris*, the spreading light green oak fern, and *Phegopteris hexagonoptera*, the beech fern with broad triangular fronds, may be placed in groups. Close to the rocks, to show against them, *Phegopteris polypodioides*, one of the beech ferns, *Aspidium spinulosum*, the wood fern, and *Aspidium*

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noveboracense, another wood fern, can be planted in larger clumps. *Cystopteris bulbifera*, the bladder fern, with delicate trailing fronds, should be put right under the water's drip with *Cystopteris fragilis* near by. In the moist soil, where the water actually spreads over the ground, luxuriant groups of delicate maiden-hairs can be established. In addition to all these, *Polystichum acrostichoides*, the Christmas fern, can be used everywhere, for they are luxuriantly green through the year like the hemlock that spreads its branches over them.

The real beauty of the hemlocks is felt most, of course, when they are in a real ravine. An estate is very fortunate when it encompasses such a scene, for such hemlock woods are rare. It is, therefore, a real privilege to preserve the scene wherever it has been left undisturbed and to bring it back if it has been neglected. A few of the great old trees must be there to make the picture real. Young hemlocks can, however, be brought in, for it is usual to find hemlocks of all ages together and the young trees have the same graciousness as the older ones. Then it is possible to plant again all the little ground covers and ferns, or at least to fill in the places where they have been destroyed. It is especially worth while to use the plants in their proper proportions, to place them in their true relationships to one another, and to arrange them in characteristic compositions in order to recreate the spirit of the original woods.

A great house can be splendidly placed at the top of such a ravine and built so that it will seem to be

The Hemlock Ravine

towering above the hemlock branches into the sunlight. Cliff-like walls, steep-hipped roofs and tall chimneys are appropriate and all the plants of the ravine can be placed immediately about the house. Yews and laurels, beautifully evergreen, *Viburnum alnifolium* with striking silhouettes, striped and mountain maples with effective foliage and stemmage can be used against the walls. A series of terraces can mold the house to its steep slope, paved with rough stone, offset by hedges of yews and supported by great retaining walls. Steps can adapt themselves to the rocks and ledges. They can be edged with heucheras, bellworts, bunchberries, and maianthemum, and all the little soil pockets between the stones can be filled with ferns. These steps can give way to moss-covered paths that wander between the rocks, along the stream, among the boulders and through every part of the green, fern-spread woods.

THE RAVINE ASSOCIATION

TREES

<i>Acer pennsylvanicum</i>	Striped Maple
<i>Acer saccharum</i>	Sugar Maple
<i>Acer spicatum</i>	Mountain Maple
<i>Betula alba</i>	White Birch
<i>Betula lenta</i>	Black Birch
<i>Betula lutea</i>	Yellow Birch
<i>Carpinus caroliniana</i>	Ironwood
<i>Carya cordiformis</i>	Bitter Nut
<i>Cornus florida</i>	Flowering Dogwood
<i>Fagus grandifolia</i>	Beech
<i>Fraxinus americana</i>	White Ash
<i>Juglans cinerea</i>	Butternut
<i>Liriodendron Tulipifera</i>	Tulip Tree
<i>Salix babylonica</i>	Weeping Willow
<i>Salix nigra</i>	Black Willow
<i>Thuja occidentalis</i>	Arbor Vitæ

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TREES (Continued)

<i>Tilia americana</i>	Basswood
<i>Tsuga canadensis</i>	Hemlock

SHRUBS

<i>Alnus incana</i>	Hoary Alder
<i>Alnus rugosa</i>	Smooth Alder
<i>Amelanchier canadensis</i>	Shad Bush
<i>Hamamelis virginiana</i>	Witch-hazel
<i>Kalmia latifolia</i>	Mountain Laurel
<i>Lonicera canadensis</i>	American Fly Honeysuckle
<i>Rhododendron maximum</i>	Great Laurel
<i>Salix cordata</i>	Willow
<i>Salix discolor</i>	Glaucous Willow
<i>Salix glaucophylla</i>	Willow
<i>Salix lucida</i>	Shining Willow
<i>Taxus canadensis</i>	American Yew
<i>Viburnum alnifolium</i>	Hobble-bush

HERBS

<i>Actæa alba</i>	White Baneberry
<i>Actæa rubra</i>	Red Baneberry
<i>Aquilegia canadensis</i>	Wild Columbine
<i>Arabis lyrata</i>	Rock Cress
<i>Arisæma Dracontium</i>	Green Dragon
<i>Arisæma triphyllum</i>	Jack-in-the-Pulpit
<i>Asarum canadense</i>	Wild Ginger
<i>Asclepias incarnata</i>	Swamp Milkweed
<i>Campanula rotundifolia</i>	Bluebell
<i>Chrysosplenium americanum</i>	Golden Saxifrage
<i>Cornus canadensis</i>	Bunchberry
<i>Corydalis sempervirens</i>	Pale Corydalis
<i>Cypripedium acaule</i>	Stemless Lady's Slipper
<i>Dicentra Cucullaria</i>	Dutchman's Breeches
<i>Epifagus virginiana</i>	Beech-drops
<i>Erythronium americanum</i>	Yellow Adder's Tongue
<i>Eupatorium perfoliatum</i>	Boneset
<i>Eupatorium purpureum</i>	Joe Pye Weed
<i>Heuchera americana</i>	Common Alum Root
<i>Maianthemum canadense</i>	Maianthemum
<i>Medeola virginiana</i>	Indian Cucumber-root
<i>Mitchella repens</i>	Partridge Berry
<i>Mitella diphylla</i>	Bishop's Cap
<i>Oxalis Acetosella</i>	Common Wood Sorrel
<i>Oxalis violacea</i>	Violet Wood Sorrel
<i>Parnassia caroliniana</i>	Grass of Parnassus
<i>Pilea pumila</i>	Clearweed

The Hemlock Ravine

HERBS (Continued)

<i>Polygonatum biflorum</i>	Small Solomon's Seal
<i>Potentilla argentea</i>	Silvery Cinquefoil
<i>Potentilla tridentata</i>	Three-toothed Cinquefoil
<i>Prenanthes alba</i>	White Lettuce
<i>Sagina nodosa</i>	Pearlwort
<i>Sanguisorba minor</i> *	Garden Burnet
<i>Saxifraga virginensis</i>	Early Saxifrage
<i>Sedum acre</i> *	Mossy Stonecrop
<i>Smilacina racemosa</i>	False Spikenard
<i>Streptopus roseus</i>	Twisted-stalk
<i>Thalictrum dioicum</i>	Early Meadow Rue
<i>Thalictrum revolutum</i>	Meadow Rue
<i>Trientalis americana</i>	Star Flower
<i>Trillium declinatum</i>	Wake Robin
<i>Trillium erectum</i>	Wake Robin
<i>Trillium grandiflorum</i>	Wake Robin
<i>Trillium undulatum</i>	Painted Trillium
<i>Uvularia grandiflora</i>	Bellwort
<i>Uvularia perfoliata</i>	Bellwort
<i>Viola blanda</i>	Violet
<i>Viola palmata</i>	Violet
<i>Viola rostrata</i>	Long-spurred Violet
<i>Viola rotundifolia</i>	Early Yellow Violet

FERNS

<i>Adiantum pedatum</i>	Maidenhair
<i>Aspidium marginale</i>	Shield Fern
<i>Aspidium marginale</i> var. <i>elegans</i>	Shield Fern
<i>Aspidium noveboracense</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Asplenium acrostichoides</i>	Spleenwort
<i>Asplenium platyneuron</i>	Spleenwort
<i>Asplenium Ruta-muraria</i>	Spleenwort
<i>Asplenium Trichomanes</i>	Spleenwort
<i>Botrychium virginianum</i>	Rattlesnake Fern
<i>Camptosorus rhizophyllus</i>	Walking Leaf
<i>Cryptogramma Stelleri</i>	Rock Brake
<i>Cystopteris bulbifera</i>	Bladder Fern
<i>Cystopteris fragilis</i>	Bladder Fern
<i>Equisetum pratense</i>	Horsetail
<i>Onoclea sensibilis</i>	Sensitive Fern
<i>Pellaea atropurpurea</i>	Cliff Brake
<i>Phegopteris Dryopteris</i>	Oak Fern
<i>Phegopteris hexagonoptera</i>	Beech Fern
<i>Phegopteris polypodioides</i>	Beech Fern
<i>Polypodium vulgare</i>	Polypody

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FERNS (Continued)

<i>Polystichum acrostichoides</i>	Christmas Fern
<i>Polystichum acrostichoides</i> var. <i>Schweini-</i> <i>itsii</i>	Christmas Fern
<i>Selaginella rupestris</i>	Selaginella
<i>Woodsia ilvensis</i>	Woodsia
<i>Woodsia obtusa</i>	Woodsia

CHAPTER IX

THE STREAM-SIDE

MANY kinds of trees, a great variety of shrubs and innumerable herbaceous plants grow along streams and rivers. The ever-present supply of water and the moisture-laden atmosphere give them an ideal environment. And, as the stream meanders between low margins, under high banks, below gentle slopes and through flat low-lying areas, the varying amounts of water in the soil influence the selection and arrangement of the vegetation.

Elms sometimes define the course of the stream and grow on the well-drained slopes on either side. They are found as single specimens with tall graceful shapes, and as thickets where they are tangled and netted with wild grapes. Sycamores grow singly along the water-side and attract attention by their bark. Willows arrange themselves in almost regular rows along the margins, especially where the water is placid and slow moving. There are many different kinds of native willows, but they are very much alike and seem like gigantic shrubs with many crooked branches rising out of a short, stout trunk. The weeping willow with its long streamers is a European variety that has become naturalized in some places and is quite different from our native kinds.

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Other trees gather together beside the water and cover the flat-lands as a mixed woods. There are balsam poplars and box elders, silver maples and ashes, mulberries and hawthorns, hackberries and sweet gums, bitter nuts and hickories. Here and there basswoods attract attention when their flowers send forth their fragrance, Canada plums become noticeable when their trees are covered with white bloom and occasional walnuts stand out as magnificent specimens. It is the luxuriance and greenness of the foliage, however, that is the special beauty of these intermingled trees. This is characteristic of much of the vegetation that is adapted to an abundant water supply.

Among the shrubs there are low bushy sweet gales, sweet pepper bushes with fragrant summer flowers, kinnikinniks and red-osier dogwoods, ninebarks and arrow-woods. There are clumps of elders and of witch-hazels, occasional bladder nuts, rows of spice-bushes and groups of *Viburnum Lentago*. Alders, ironwoods and hop hornbeams grow in little inlets, shad bushes like the glens, while pin oaks, bur oaks and swamp white oaks or red maples and black alders thrive in low, wet places. The pin oaks and swamp white oaks draw attention by the drooping sweep of their lower branches. These two trees are otherwise quite different, for the pin oak has a straight, shaft-like trunk and the swamp white oak has a divided top, ending in many twisted branches. The red maples are the most conspicuous of all. Their spring twigs, swelling buds and opening blossoms are all a

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brilliant red, their summer fruit crimson, and their autumn foliage scarlet, while in the winter the effectiveness of their light gray trunks is heightened by the scarlet berries and black-brown branches of the black alders, *Ilex verticillata*, that grow among them.

All this varied vegetation, together with myriad herbaceous plants and ferns is found everywhere in our Northeastern States, for the countryside has many streams of every size. One stream with, perhaps, a tributary or two may be found upon almost every large estate. Sometimes, to be sure, it is but a minor note in the landscape and must be sought out in the low meadow. But in many places it lends such a charm to the property that attention can well be focused upon it. The house can be placed within view of the water. The lawns can slope down to the edges. Paths may lead along the margins. The entire estate with entrance drive and court, terrace and garden can be adapted to it. And the vegetation characteristic to stream-sides can be preserved or recreated.

This is not so difficult to do. The natural growth of plants in such favorable situations is comparatively rapid. The fibrous roots make it possible to transplant large-sized material. And almost all this vegetation adapts itself to somewhat drier ground as well and can be planted therefore in the well-drained places that will undoubtedly be selected for the location of the house.

At the entrance of such a stream-side estate are

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often elms, with the house placed in the shelter of any great tree that happens to be there. There may be a great walnut, an ash, a hickory, a few pin oaks, a few swamp white oaks or even an elm, that can influence the placing of the house and dominate the entire setting.

On the side of the house that faces the stream, the trees can be more gardenesque. Basswoods develop into widespread shapely trees. Mulberries, too, are delightful with their cinnamon-brown bark, irregularly cut leaves and purple, jewel-like fruit. Thorns are decorative at all times with their gray trunks, tangled branches, great thorns, white flowers, nice foliage and red fruit clusters. They can be planted much as they naturally grow—in scattered groups in the fields. They can be used, too, as hedges for the courtyard or the garden.

Many interesting stream-side shrubs can also be brought close to the house and used in groups or in unclipped hedges and hedgerows. *Viburnum Lentago* are striking with their large furry leaves, cream-white flowers and blue-black berries. Witch-hazels are tall and rigorous and especially handsome in the autumn when the leaves turn clear yellow and yellow thread-like flowers appear upon upright arching branches. The spice bushes grow naturally in groups and in loosely arranged rows. They are tall shrubs of good habit, effective all through the year. All winter their buds seem ready to open and when they do at the first call of spring the tiny yellow flowers in tight little clusters have an amazing way of sim-

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ulating sunshine. The summer foliage, too, has a light-filled air and in the autumn it turns a clear sunlit yellow while the small flowers have changed into large oval glistening red berries.

Among the smaller shrubs the luxuriant green and low bushy habit of the sweet gales make them pleasant close to the house and appropriate for the edging of a terrace. Such a terrace can be the vantage point from which to look down upon the stream and its water-side garden. A winding path can lead down from it through the grass, where early flowers such as spring beauties, bloodroots, bluets and yellow adder's tongue bloom abundantly. They spread out by the hundreds and thousands, and are as delightful as naturalized daffodils. Like the daffodils, they all disappear before the grass needs cutting. Such grass may only need a few mowings or it can be left uncut so that late-blooming flowers can grow up in it and the wood ferns show their light-green fronds.

Where the path reaches the side of the stream, willows can be planted. In early spring their budding twigs show yellow and orange, in summer their foliage is gray-toned, in autumn it is fresh green amid the varied colors of the other vegetation. Under the trees trilliums can be gathered in effective groups, wild gingers can make veritable carpets, and many kinds of violets can spread out in great numbers.

The path can be made to wander along the whole length of the stream and on both sides. It can wind in and out, coming ever and again close to the water

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and crossing it now by a little bridge and again by stepping stones. It can pass through groups of shrubs, under trees and between flowers grown either in little clumps or in great stretches.

The dutchman's breeches grow in clumps and are doubly effective when planted under a shadbush, for both this flower and the tree have silvery foliage and white blossoms. The sweet violets, *Viola pallens*, as dainty as can be, are particularly lovely under silver maples whose silver-lined dark-green leaves flutter in every breeze. Solomon seals can be planted in clumps under the elders. They flower inconspicuously and early, before the elders become showy with large white panicles and purple fruit clusters. Swamp buttercups are scattered over the fields in great numbers and are glistening yellow. The small-flowered crowfoots grow in the same sort of places as the swamp buttercups but are simply interesting for their foliage clusters. Both of these flowers like to grow in front of red maples. Mandrakes are very effective with their decorative leaves. They grow in circular colonies or in perfect carpets under the oaks. The *Mertensia virginica* or Virginia cowslips are striking with their spires of light blue bells. They are ever so gardenesque and can be planted by the hundreds along the edge of the woods. There are many other flowers, wood anemones, Jack-in-the-pulpits, green dragons, false spikenard, false solomon's seals, early meadow-rues, bellworts and yellow oakesias. These can be offset by sensitive ferns that are decorative even in winter and early spring when

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their dried fronds are still lovely and ornamented with little dark brown fruits.

The marsh marigolds have blossoms that seem like captured sunlight. Their bloom lasts three weeks or more, only to give way to a light-reflecting yellow-green foliage that stays another month before the entire plant disappears. Marsh marigolds grow naturally in solid masses, and it is impossible to plant too many of them. They can outline the entire stream and be planted under willows, beside spice bushes, below Canada plums, elms and alders. The alders are full of interest in the early spring, for their dangling catkins hang in loose clusters all over their bold leafless stems.

These early effects are barely over when forget-me-nots make fairy carpets along the margins and trail into the water. Brooklimes add their delicate blue to the ethereal effect. Irises, too, grow just in back of them and spread out over the sunny meadows. There are *Iris prismatica*, the slender blue flags, and *Iris versicolor*, the larger blue flag. Their flowers rise with delicate dignity from strong underground stems. Their gray-green sheaths accentuate the beauty not only of the iris flowers but of the later roses, meadow-sweets and steeple bushes. They make a background, too, for blue lobelias, blue vervains, purplish-blue culver's roots and blue skullcaps. These are all rather sturdy, bushy plants that flower in summer and autumn. The brilliant blue pickerel-weeds blossom in masses at midsummer in the water near by and forget-me-nots linger on through the

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summer months as part of an ever-varying blue scheme.

The late summer and autumn bring the gentians. They grow close to the edge of the water amid grasses and among shrubs. Fringed gentians are a soft transparent blue and come up in delicate groupings here and there. The closed gentians grow singly or in small clumps and make spots of bold opaque color. The cardinal flowers are a vivid red. When they are massed in the open their color is of startling intensity but when they are isolated and grow singly, as they often do, they seem rare and precious. They are found in the moistest spots, almost in the water.

Many other flowers bloom in the summer and autumn. Occasional rare-looking orchids are found; wild sennas with yellow butterfly flowers blossom daintily under elms, and *Chelone glabra*, the turtle-heads, are particularly lovely where they are reflected in the water in the midst of the lacy foliage of meadow rues. Arrow-heads and water lilies blossom in the quiet shallows, great cow parsnips with bold spherical flowers tower above the mud-flats, touch-me-nots blossom in moist spots, and swamp milkweeds show rich color along the water's edge. There are also joe-pye weeds that are sometimes mingled with bonesets and great asters, but are most effective when they grow by themselves in broad stretches.

In contrast to all these brilliant flowers is one effect that is particularly delicate when the virgin's bower, *Clematis virginiana*, is in flower. It grows up into the alders to cover every bush with glistening showers

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of starry-blossomed vines that fill the air with perfume. The flowers later turn to feathery fruit and are beautifully offset all winter by the winter-brown alder catkins.

On a large estate, all these different plants can be assembled to vary from week to week and from season to season until spring, summer, autumn, and even winter, have each their full share of loveliness.

A small property, too, may have a little stream tumbling over rocks or a tiny brook winding through the grass or even a river frontage. Every hundred feet or less of water-side can keep its characteristic scene or have it recreated with the plants that are natural to it. On the other hand, the existing vegetation may become the keynote. Whether it be elm or willow, sycamore or red maple, spice bush or *Viburnum Lentago*, it may suggest the character of the additional trees, shrubs, flowers and ferns that can be planted to recreate a natural scene. Each small scene, however, will be more effective when it is supplemented by adjoining ones and when together they contribute to the planting of the entire stream.

THE STREAM-SIDE ASSOCIATION

TREES

<i>Acer Negundo</i>	Box Elder
<i>Acer rubrum</i>	Red Maple
<i>Acer saccharinum</i>	Silver Maple
<i>Carpinus caroliniana</i>	Ironwood
<i>Carya cordiformis</i>	Bitter Nut
<i>Carya glabra</i>	Pignut
<i>Carya ovata</i>	Shag-bark Hickory
<i>Celtis occidentalis</i>	Hackberry
<i>Crataegus Crus-galli</i>	Hawthorn
<i>Crataegus fecunda</i>	Hawthorn

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TREES (Continued)

<i>Fraxinus americana</i>	White Ash
<i>Fraxinus nigra</i>	Black Ash
<i>Fraxinus pennsylvanica</i>	Red Ash
<i>Juglans cinerea</i>	Butternut
<i>Juglans nigra</i>	Black Walnut
<i>Liquidambar styraciflua</i>	Sweet Gum
<i>Morus rubra</i>	Red Mulberry
<i>Ostrya virginiana</i>	Hop Hornbeam
<i>Platanus occidentalis</i>	Sycamore
<i>Populus balsamifera</i>	Balsam Poplar
<i>Prunus nigra</i>	Canada Plum
<i>Quercus bicolor</i>	Swamp White Oak
<i>Quercus macrocarpa</i>	Bur Oak
<i>Quercus palustris</i>	Pin Oak
<i>Salix babylonica</i> *	Weeping Willow
<i>Salix lucida</i>	Shining Willow
<i>Salix nigra</i>	Black Willow
<i>Tilia americana</i>	Basswood
<i>Ulmus americana</i>	American Elm
<i>Ulmus fulva</i>	Slippery Elm

SHRUBS AND VINES

<i>Alnus incana</i>	Hoary Alder
<i>Alnus rugosa</i>	Smooth Alder
<i>Amelanchier canadensis</i>	Shad Bush
<i>Amorpha fruticosa</i>	False Indigo
<i>Benzoin aestivale</i>	Spice Bush
<i>Clematis virginiana</i>	Virgin's Bower
<i>Clethra alnifolia</i>	Sweet Pepperbush
<i>Cornus Amomum</i>	Kinnikinnik
<i>Cornus stolonifera</i>	Red-osier Dogwood
<i>Hamamelis virginiana</i>	Witch-hazel
<i>Ilex verticillata</i>	Black Alder
<i>Menispermum canadense</i>	Moonseed
<i>Myrica Gale</i>	Sweet Gale
<i>Physocarpus opulifolius</i>	Nine-bark
<i>Psedera quinquefolia</i>	Woodbine
<i>Rosa carolina</i>	Rose
<i>Rosa virginiana</i>	Rose
<i>Salix cordata</i>	Willow
<i>Salix discolor</i>	Willow
<i>Sambucus canadensis</i>	Elder
<i>Solanum Dulcamara</i> *	Bittersweet
<i>Spiraea latifolia</i>	Meadow-sweet
<i>Spiraea tomentosa</i>	Steeple Bush
<i>Staphylea trifolia</i>	Bladdernut
<i>Viburnum acerifolium</i>	Arrow-wood

The Stream-side

SHRUBS AND VINES (Continued)

<i>Viburnum dentatum</i>	Arrow-wood
<i>Viburnum Lentago</i>	Nannyberry
<i>Vitis cordifolia</i>	Frost Grape
<i>Vitis vulpina</i>	River Bank Grape

HERBS

<i>Acorus Calamus</i>	Sweet Flag
<i>Alisma Plantago-aquatica</i>	Water Plantain
<i>Anemone quinquefolia</i>	Wood Anemone
<i>Angelica atropurpurea</i>	Angelica
<i>Arisaema Dracontium</i>	Green Dragon
<i>Arisaema triphyllum</i>	Jack-in-the-Pulpit
<i>Asarum canadense</i>	Wild Ginger
<i>Asclepias incarnata</i>	Swamp Milkweed
<i>Aster lateriflorus</i>	Aster
<i>Aster paniculatus</i>	Aster
<i>Aster puniceus</i>	Aster
<i>Aster vimineus</i>	Aster
<i>Caltha palustris</i>	Marsh Marigold
<i>Campanula aparinoides</i>	Marsh Bell-flower
<i>Cassia marilandica</i>	Wild Senna
<i>Chelone glabra</i>	Turtlehead
<i>Chrysosplenium americanum</i>	Golden Saxifrage
<i>Claytonia virginica</i>	Spring Beauty
<i>Clematis virginiana</i>	Virgin's Bower
<i>Convolvulus sepium</i>	Hedge Bindweed
<i>Dentaria diphylla</i>	Toothwort
<i>Dentaria laciniata</i>	Toothwort
<i>Dicentra Cucullaria</i>	Dutchman's Breeches
<i>Dioscorea villosa</i>	Wild Yam-root
<i>Echinocystis lobata</i>	Wild Balsam-apple
<i>Erythronium americanum</i>	Yellow Adder's Tongue
<i>Eupatorium perfoliatum</i>	Boneset
<i>Eupatorium purpureum</i>	Joe-Pye Weed
<i>Gentiana Andrewsii</i>	Closed Gentian
<i>Gentiana crinita</i>	Fringed Gentian
<i>Geranium maculatum</i>	Cranesbill
<i>Habenaria lacera</i>	Ragged Fringed Orchis
<i>Habenaria psychodes</i>	Fringed Orchis
<i>Helenium autumnale</i>	Sneezeweed
<i>Heracleum lanatum</i>	Cow Parsnip
<i>Hibiscus Moscheutos</i>	Swamp Rose Mallow
<i>Houstonia caerulea</i>	Bluets
<i>Humulus Lupulus</i>	Common Hop
<i>Hypericum Ascyron</i>	Great St. John's-wort
<i>Hypericum canadense</i>	St. John's-wort
<i>Impatiens biflora</i>	Spotted Touch-me-not

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HERBS (Continued)

<i>Impatiens pallida</i>	Pale Touch-me-not
<i>Iris prismatica</i>	Slender Blue Flag
<i>Iris versicolor</i>	Larger Blue Flag
<i>Lilium canadense</i>	Wild Yellow Lily
<i>Lilium philadelphicum</i>	Wood Lily
<i>Lobelia cardinalis</i>	Cardinal-flower
<i>Lobelia siphilitica</i>	Great Lobelia
<i>Lysimachia Nummularia</i> *	Moneywort
<i>Mentha piperita</i> *	Peppermint
<i>Mentha spicata</i> *	Spearmint
<i>Mertensia virginica</i>	Virginia Cowslip
<i>Mikania scandens</i>	Climbing Hemp-weed
<i>Myosotis laxa</i>	Forget-me-not
<i>Myosotis scorpioides</i> *	True Forget-me-not
<i>Oakesia sessilifolia</i>	Oakesia
<i>Orobanche uniflora</i>	One-flowered Cancer-root
<i>Peltandra virginica</i>	Arrow Arum
<i>Petasites palmatus</i>	Sweet Coltsfoot
<i>Podophyllum peltatum</i>	May Apple
<i>Polygonatum biflorum</i>	Small Solomon's Seal
<i>Polygonatum commutatum</i>	Great Solomon's Seal
<i>Polygonum Convolvulus</i>	Black Bindweed
<i>Polygonum scandens</i>	Climbing False Buckwheat
<i>Pontederia cordata</i>	Pickereel-weed
<i>Ranunculus abortivus</i>	Small-flowered Crowfoot
<i>Ranunculus septentrionalis</i>	Swamp Buttercup
<i>Rudbeckia laciniata</i>	Cone-flower
<i>Sagittaria latifolia</i>	Arrow-head
<i>Sanguinaria canadensis</i>	Bloodroot
<i>Scutellaria galericulata</i>	Skullcap
<i>Scutellaria lateriflora</i>	Mad-dog Skullcap
<i>Sicyos angulatus</i>	One-seeded Bur Cucumber
<i>Sisyrinchium angustifolium</i>	Blue-eyed Grass
<i>Sisyrinchium gramineum</i>	Blue-eyed Grass
<i>Sium cicutaefolium</i>	Water Parsnip
<i>Smilacena racemosa</i>	False Spikenard
<i>Smilacena stellata</i>	False Solomon's Seal
<i>Smilax herbacea</i>	Green Brier
<i>Smilax rotundifolia</i>	Green Brier
<i>Solidago Elliottii</i>	Golden-rod
<i>Spiranthes Romanzoffiana</i>	Ladies' Tresses
<i>Steironema ciliatum</i>	Steironema
<i>Symphytum officinale</i> *	Common Comfrey
<i>Thalictrum dioicum</i>	Early Meadow Rue
<i>Thalictrum polygamum</i>	Tall Meadow Rue
<i>Thaspium aureum</i>	Meadow Parsnip
<i>Trillium cernuum</i>	Wake Robin

The Stream-side

HERBS (Continued)

<i>Trillium erectum</i>	Wake Robin
<i>Trillium grandiflorum</i>	Wake Robin
<i>Uvularia grandiflora</i>	Bellwort
<i>Uvularia perfoliata</i>	Bellwort
<i>Veratrum viride</i>	False Hellebore
<i>Verbena hastata</i>	Blue Vervain
<i>Veronica americana</i>	American Brooklime
<i>Veronica Anagallis-aquatica</i>	Water Speedwell
<i>Veronica virginica</i>	Culver's Root
<i>Viola blanda</i>	Violet
<i>Viola cucullata</i>	Violet
<i>Viola pallens</i>	Sweet Violet
<i>Viola scabriuscula</i>	Smooth Yellow Violet
<i>Viola sororia</i>	Violet

FERNS

<i>Aspidium cristatum</i>	Shield Fern
<i>Aspidium noveboracense</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Aspidium Thelypteris</i>	Shield Fern
<i>Cystopteris fragilis</i>	Bladder Fern
<i>Onoclea sensibilis</i>	Sensitive Fern
<i>Onoclea Struthiopteris</i>	Ostrich Fern
<i>Osmunda cinnamomea</i>	Cinnamon Fern
<i>Osmundo Claytoniana</i>	Flowering Fern
<i>Osmunda regalis</i>	Flowering Fern
<i>Woodwardia virginica</i>	Chain Fern

CHAPTER X

THE POND

AQUATICS are plants that thrive in quiet water and full sunlight. Many kinds of native aquatics, water shields, water lilies and water crowfoots, arrowheads, pickered-weeds, arrow arums and water plantains, sweet flags, wild callas, bur-reeds, sedges, rushes and cat-tails can be effectively used in planting a water garden.

This planting may be started with cat-tails. Their erect sheaths and reed-like stalks can edge the water and grow out into it in strong phalanxes. *Typha latifolia*, the common cat-tail, with broad leaves and stout spikes, is in scale with large ponds, while the less familiar *Typha angustifolia*, with narrow grass-like leaves and thin cylindrical spikes, is better for small places. Both of these grow among the rounded hummocks of the rushes and among the needle-like foliage of the sedges.

The sweet flags grow in shallow water. The leaves are linear, similar to the cat-tail foliage and have cone-shaped spadixes covered with numerous yellow flowers.

The bur-reeds grow in shallow water, but creep farther and farther toward the middle of the pond each year. Their Greek-formed name, *Sparganium*,

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alludes to their ribbon-shaped leaves that are much like the old-fashioned spiderwort. Their flowers are inconspicuous, similar to those of the grasses, but they change into very interesting fruit. The pistillate flowers that grow on the lower part of the stem change into balls of small nut-like seeds that bristle with spines, while the staminate flowers change to smaller balls of the same kind that make charming repeats above them.

All these plants have to be kept in check. Moreover, only a limited quantity of each can be used, for there must be room for the other aquatics. Beyond them in slightly deeper water are arrow-heads, pickerel-weeds and arrow arums. The arrow-heads are so ornamental that it is hardly possible to use too many of them. They should be assembled in small rather than in large groups so that the real loveliness of each tall straight stem, of each shapely leaf, of each whorl of triple blossoms, of each pure white sepal touched with lilac, may be enjoyed. The pickerel-weeds, on the other hand, gain in effectiveness when they are gathered in solid masses, for the intense blue of the flowers is only brought out when they grow close together in great quantity. The arrow arums can be used more sparingly, for they are less effective than either arrow-heads or pickerel-weeds, but they have long green curled-up spathes and green fruits that are interesting.

Among these plants water plantains may be grown. Their foliage is thick and heavily veined with the plants always scattered lightly here and there. The

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flowers that cover their numerous little branches are as delicate as baby's breath and accentuate their airiness.

Within this setting of arrow-heads, pickerel-weeds, arrow arums and water plantains, water shields, yellow pond lilies and sweet-scented water lilies can be planted. The water shields are dainty plants with inconspicuous thalictrum-like flowers. Their tiny, thin, water-lily-like leaves curl up on the edges so as to show their undersides and are assembled so loosely that it is possible to look down between the leaves and see the charming arrangement of the slender stems that are put into gentle movement by the slightest ripple.

In contrast to these little water shields the leaves of the yellow pond lily are not only larger but very thick and leathery. They grow in compact mats with stiff thick flower stalks that rise through them well up out of the water, often a foot or more above the leaf-covered surface, with boldly modeled, brilliantly gold flowers. The sweet-scented water lilies are quite different, with their many-petaled yellow-stamened white flowers that lie directly on the surface of the water. They grow so well that they are likely to cover the entire pond, but their real charm is accentuated when the plants are kept in small irregular groups so that the leaves can make decorative patterns upon the water and the flowers can seem like ornaments.

There are also water crowfoots; the common white water crowfoot, *Ranunculus aquatilis*, with glistening

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yellow stamens, the stiff water crowfoot, *Ranunculus circinatus*, with white flowers, and the yellow water crowfoot, *Ranunculus delphinifolius*, that has submerged delphinium-like leaves. All of these crowfoots have the daintiest strawberry-like blossoms that cover the water in June. After they have bloomed the plants seem lost, for they withdraw from sight under the water. This is unusual, for the main effect of aquatic plants depends upon their leaves of which there are many different kinds,—long linear sheaths, grass-like forms, shields and sagitate shapes. The sagitate leaves with their fine differentiations between the bright green slender leaves of the arrow arums, the glossy thick cordated leaves of the pickerel-weeds, and the thin, sharply pointed leaves that give the name to the arrow-heads, give a special beauty to the water garden.

The recreating of such a garden depends, first of all, upon the careful consideration of water depths, for the location of each plant is controlled by it. As the pond bed is usually saucer-shaped, the plants are arranged into a series of interlaced zones with water shields and water lilies growing in the deepest parts near the center and the cat-tails standing in the muddy shallows on the edge. This natural composition of the plants is significant.

It is necessary, too, to give the recreated water garden a situation that is convincingly appropriate. Such positions can be found in many low-lying fields, in meadows and in sunken places in woods, in fact in any natural hollow or gentle depression. Ponds

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may be made with comparative ease, for it is often possible to widen a little stream that flows quietly through a property, to dig out the ground below a little spring, or to use a sunken place that holds water persistently after every rain. A real feeling for contours makes it possible to keep each little depression, instead of filling it in, and to transform it into an attractive spot where aquatics naturally grow. With a sensitive appreciation of topography the outlines of the new water garden can be adapted to the existing landscape and the edges can be made to slope gently down to the water.

Such a water garden can be adapted both to a large estate and to a small place. On a property of extensive area a pond can be placed far afield where it can be gazed upon from a distance and require a little journey for a closer view of its plants. It can even be hidden away beyond a woods where it can be kept as secret as can be. On the other hand, it can often be placed quite close to the house, in fact, just below it, wherever the house itself is informal enough to be in character with such naturalistic treatment. On a small place the water garden is of necessity near the house and in sight of the porches and windows.

The path made to wind down from the house to the pond can be edged with plants like violets and forget-me-nots, irises and closed gentians, meadow-rues, turtle-heads and royal ferns, that are an introduction to the water garden itself. The pond can be encircled by a path, too, so that it can be seen from all sides and every flower beauty, every leaf texture,

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every leaf pattern can be noticed in detail. Many moisture-loving shrubs and trees; alders, button-bushes and hawthorns; clammy azaleas, sweet pepper-bushes and pin oaks; winterberry and red maples; arrow-woods and sour gums; spice bushes and elms, can be used as a background. But where the natural scene beyond is full of beauty, a single willow will sometimes be sufficient at the edge of the water.

THE POND ASSOCIATION

TREES

<i>Acer rubrum</i>	Red Maple
<i>Nyssa sylvatica</i>	Sour Gum
<i>Quercus palustris</i>	Pin Oak
<i>Salix nigra</i>	Black Willow

SHRUBS

<i>Alnus incana</i>	Hoary Alder
<i>Alnus rugosa</i>	Smooth Alder
<i>Benzoin aestivale</i>	Spice Bush
<i>Cephalanthus occidentalis</i>	Buttonbush
<i>Clematis virginiana</i>	Clematis
<i>Clethra alnifolia</i>	Sweet Pepperbush
<i>Cornus Amomum</i>	Kinnikinnik
<i>Cornus stolonifera</i>	Red-osier Dogwood
<i>Crataegus Crus-galli</i>	Hawthorn
<i>Crataegus fecunda</i>	Hawthorn
<i>Gaylussacia baccata</i>	Black Huckleberry
<i>Gaylussacia dumosa</i>	Dwarf Huckleberry
<i>Ilex laevigata</i>	Smooth Winterberry
<i>Ilex verticillata</i>	Winterberry
<i>Myrica Gale</i>	Sweet Gale
<i>Potentilla fruticosa</i>	Shrubby Cinquefoil
<i>Pyrus arbutifolia</i> var. <i>atropurpurea</i>	Chokeberry
<i>Pyrus melanocarpa</i>	Chokeberry
<i>Quercus ilicifolia</i>	Black Scrub Oak
<i>Rhododendron viscosum</i>	Clammy Azalea
<i>Ribes oxycanthoides</i> var. <i>calicicola</i>	Smooth Gooseberry
<i>Rosa carolina</i>	Rose
<i>Rosa nitida</i>	Rose
<i>Rosa virginiana</i>	Rose
<i>Rubus hispida</i>	Blackberry

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SHRUBS (Continued)

<i>Salix balsamifera</i>	Willow
<i>Salix candida</i>	Hoary Willow
<i>Salix cordata</i>	Willow
<i>Salix discolor</i>	Glaucous Willow
<i>Salix glaucophylla</i>	Willow
<i>Salix lucida</i>	Shining Willow
<i>Salix petiolaris</i>	Willow
<i>Salix sericea</i>	Silky Willow
<i>Salix serissima</i>	Autumn Willow
<i>Sambucus canadensis</i>	Common Elder
<i>Smilax herbacea</i>	Carrión-flower
<i>Smilax rotundifolia</i>	Common Green Brier
<i>Solanum Dulcamara</i> *	Bittersweet
<i>Spiræa latifolia</i>	Meadow-sweet
<i>Spiræa tomentosa</i>	Steeple Bush
<i>Vaccinium corymbosum</i>	High Blueberry
<i>Viburnum dentatum</i>	Arrow-wood

HERBS

<i>Acorus Calamus</i>	Sweet Flag
<i>Alisma Plantago-aquatica</i>	Water Plantain
<i>Arisaema triphyllum</i>	Jack-in-the-Pulpit
<i>Asclepias incarnata</i>	Swamp Milkweed
<i>Aster lateriflorus</i>	Aster
<i>Aster novæ-angliæ</i>	Aster
<i>Aster paniculatus</i>	Aster
<i>Aster puniceus</i>	Aster
<i>Aster vimineus</i>	Aster
<i>Barbarea vulgaris</i>	Yellow Rocket
<i>Brasenia Schreberi</i>	Water Shield
<i>Caltha palustris</i>	Marsh Marigold
<i>Campanula aparinoides</i>	Marsh Bell-flower
<i>Carex</i> sp.	Sedge
<i>Castalia odorata</i>	Sweet-scented Water Lily
<i>Cerastium nutans</i>	Chickweed
<i>Ceratophyllum demersum</i>	Hornwort
<i>Chelone glabra</i>	Turtlehead
<i>Chrysosplenium americanum</i>	Golden Saxifrage
<i>Cicuta bulbifera</i>	Water Hemlock
<i>Cicuta maculata</i>	Spotted Cowbane
<i>Comoselinum chinense</i>	Hemlock Parsley
<i>Elodea canadensis</i>	Water-weed
<i>Epilobium molle</i>	Willow-herb
<i>Eriocaulon articulatum</i>	Pipewort
<i>Eriophorum gracile</i>	Cotton Grass
<i>Eupatorium perfoliatum</i>	Boneset
<i>Eupatorium purpureum</i>	Joe-Pye Weed

The Pond

HERBS (Continued)

<i>Gentiana Andrewsii</i>	Closed Gentian
<i>Gentiana crinita</i>	Fringed Gentian
<i>Helenium autumnale</i>	Sneezeweed
<i>Heracleum lanatum</i>	Cow Parsnip
<i>Hydrocotyle americana</i>	Water Pennywort
<i>Hypericum boreale</i>	St. John's-wort
<i>Hypericum punctatum</i>	St. John's-wort
<i>Hypericum virginicum</i>	Marsh St. John's-wort
<i>Iris prismatica</i>	Slender Blue Flag
<i>Iris versicolor</i>	Larger Blue Flag
<i>Juncus effusus</i>	Common Rush
<i>Juncus marginatus</i>	Rush
<i>Lemna minor</i>	Duckweed
<i>Lemna trisulca</i>	Duckweed
<i>Lobelia cardinalis</i>	Cardinal-flower
<i>Lobelia siphilitica</i>	Great Lobelia
<i>Ludwigia alternifolia</i>	Seedbox
<i>Lycopus virginicus</i>	Bugle Weed
<i>Lysimachia Nummularia</i> *	Moneywort
<i>Lysimachia producta</i>	Loosestrife
<i>Lythrum alatum</i>	Loosestrife
<i>Mikania scandens</i>	Climbing Hemp-weed
<i>Mimulus ringens</i>	Monkey Flower
<i>Myosotis laxa</i>	Forget-me-not
<i>Myriophyllum Farwellii</i>	Water Milfoil
<i>Myriophyllum spicatum</i>	Water Milfoil
<i>Najas flexilis</i>	Naiad
<i>Nymphaea advena</i>	Yellow Pond Lily
<i>Orontium aquaticum</i>	Golden Club
<i>Peltandra virginica</i>	Arrow Arum
<i>Penthorum sedoides</i>	Ditch Stonecrop
<i>Polygonum acre</i>	Water Smartweed
<i>Polygonum amphibium</i>	Knotweed
<i>Polygonum arifolium</i>	Halbert-leaved Tear-thumb
<i>Polygonum Hydropiper</i>	Common Swartweed
<i>Polygonum Muhlenbergii</i>	Knotweed
<i>Polygonum pennsylvanicum</i>	Knotweed
<i>Polygonum Persicaria</i> *	Lady's Thumb
<i>Polygonum sagittatum</i>	Arrow-leaved Tear-thumb
<i>Pontederia cordata</i>	Pickrel-weed
<i>Potamogeton alpinus</i>	Pondweed
<i>Potamogeton americanus</i>	Pondweed
<i>Potamogeton heterophyllus</i>	Pondweed
<i>Potamogeton Hilii</i>	Pondweed
<i>Potamogeton lucens</i>	Pondweed
<i>Potamogeton natans</i>	Pondweed
<i>Potamogeton pectinatus</i>	Pondweed

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HERBS (Continued)

<i>Potamogeton perfoliatus</i>	Pondweed
<i>Potamogeton Robbinsii</i>	Pondweed
<i>Potamogeton zosterifolius</i>	Pondweed
<i>Potentilla palustris</i>	Marsh Five-finger
<i>Proserpinaca palustris</i>	Mermaid-weed
<i>Radicula aquatica</i>	Lake Cress
<i>Ranunculus abortivus</i>	Small-flowered Crowfoot
<i>Ranunculus aquatilis</i>	Common White Water Crowfoot
<i>Ranunculus circinatus</i>	Stiff Water Crowfoot
<i>Ranunculus delphinifolius</i>	Yellow Water Crowfoot
<i>Ranunculus recurvatus</i>	Hooked Buttercup
<i>Ranunculus septentrionalis</i>	Swamp Buttercup
<i>Sagittaria latifolia</i>	Arrow-head
<i>Saxifraga pennsylvanica</i>	Swamp Saxifrage
<i>Scutellaria galericulata</i>	Skullcap
<i>Scutellaria lateriflora</i>	Mad-dog Skullcap
<i>Senecio aureus</i>	Golden Ragwort
<i>Solidago Elliotii</i>	Golden-rod
<i>Sparganium americanum</i>	Bur-reed
<i>Sparganium americanum</i> var. <i>androcladum</i>	Bur-reed
<i>Sparganium eurycarpum</i>	Bur-reed
<i>Sparganium lucidum</i>	Bur-reed
<i>Sparganium minimum</i>	Bur-reed
<i>Spirodela polyrhiza</i>	Duckweed
<i>Symblocarpus foetidus</i>	Skunk Cabbage
<i>Thalictrum polygamum</i>	Tall Meadow Rue
<i>Thaspium aureum</i>	Meadow Parsnip
<i>Typha angustifolia</i>	Cat-tail
<i>Typha latifolia</i>	Cat-tail
<i>Utricularia minor</i>	Smaller Bladderwort
<i>Utricularia vulgaris</i>	Greater Bladderwort
<i>Vallisneria spiralis</i>	Tape Grass
<i>Verbena hastata</i>	Blue Vervain
<i>Verbena urticaefolia</i>	White Vervain
<i>Vernonia noveboracensis</i>	Ironweed
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell
<i>Viola conspersa</i>	Violet
<i>Viola cucullata</i>	Violet
<i>Viola pallens</i>	Sweet White Violet
<i>Viola papilionacea</i>	Violet
<i>Viola sororia</i>	Violet
<i>Wolffia columbiana</i>	Wolffia

FERNS

<i>Aspidium cristatum</i>	Shield Fern
<i>Aspidium Thelypteris</i>	Shield Fern
<i>Equisetum palustre</i>	Horsetail

The Pond

FERNS (*Continued*)

<i>Onoclea sensibilis</i>	Sensitive Fern
<i>Osmunda cinnamomea</i>	Cinnamon Fern
<i>Osmunda Claytoniana</i>	Flowering Fern
<i>Osmunda regalis</i>	Flowering Fern
<i>Selaginella apus</i>	Selaginella
<i>Woodwardia virginica</i>	Chain Fern

CHAPTER XI

THE BOG

A TYPICAL bog is a perfect circle with the plants arranged according to a definite plan into a series of concentric zones. In the very middle there is often a pool of water which is surrounded by a broad band of sphagnum. This moss is springy and spongy and so treacherously unstable that it is dangerous even to try to step upon it. It is difficult to tell how deep it is. Sometimes it is a thin layer, barely a foot thick, that seems to float on the top of the water. Then again it is a soft mat of unmeasurable thickness. This sphagnum is moisture-laden. It is bronze-toned and spread with the bronze-toned streamers of trailing cranberries. It forms a groundwork for the other plants. Here the buckbeans spread their dark shining leaves. They have tiny star-like velvety-white blossoms in the spring. Here the golden clubs of the *Orontium aquaticum* grow out of bunches of turquoise blue leaves and look like golden markers. The cotton grass is everywhere and has flowers whose cream-toned silken puffs are so airily attached to long slender stalks that they look as if they had just alighted there. And strange as it may seem, there are tiny seedling-like red maples scattered all over.

Then there are diminutive sundews, the famous

The Bog

little fly-catchers, decorative little plants that have circlets of tiny leaves with bristly glands that glisten. They are often found around *Sarracenia purpurea*, the pitcher plant. This has clusters of pitcher-like, water-filled leaves, from which thin erect flower stalks rise a foot or two and are terminated by solitary globose closed flowers so large and heavy that they droop. The whole plant is like a sculptured ornament and is overlaid with bronze and purple coloring. Besides there are the tiny rare-looking rose pogonias with an elusive perfume, exquisite coloring, and very dainty modeling.

This flower-strewn sphagnum garden is surrounded by a ring of low shrubs. Sheep laurels, pale laurels and clammy azaleas, leather leaf and bog rosemaries, all about the same height, intermingle and form a nicely ordered compact border.

All these shrubs have lovely blossoms. The sheep laurels have rose-toned flowers and the pale laurels crimson flowers that are placed on laterally arranged pedicels scattered loosely among the leaves. The azaleas have clusters of large white flowers with tubular glandular-covered corollas. The leather leaf has glossy white flowers that hang in single file along the undersides of the stems, and the bog rosemaries have flowers that droop in little clusters from the axils of the leaves.

The refinement of these plants is just as noticeable when they are without blossoms, for they all have small leaves of astonishing beauty. The leaves of the sheep laurels are evergreen of a soft tone, while the

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pale laurels have even lighter foliage with undersides that are gray-white with a bloom. The foliage of the clammy azaleas is rough and hairy. The dull-toned leather leaf leaves are relieved by a sprinkle of fine scurf. The bog rosemary has the daintiest leaves of all. Their slenderness, their very stiffness and their spacing far apart on the stems gives them the utmost distinction. Moreover their curled-up edges make them seem even narrower than they are, while the pubescent undersides are so pale gray that they give a gray-green tone to the whole plant.

This gray-green is repeated by the larches that grow singly here and there at the very edge of the border. They are slender trees. The light showing through the loose framework gives an atmospheric mistiness to their light green needle clusters, spaced far apart upon black twigs. The whole effect of the trees is noticeably airy.

It is the larches that attract attention to the bog from far away. The only way to reach them and the bog itself is by going across the meadow, passing gray birch copses and thickets of arrow-woods and high blueberries. In their midst hummocks overgrown with osmunda ferns and black alders rise out of little pools of dark water. It is a dangerous journey. Only the most adventurous descend into the hollow and get a close view of the trees and the bog itself. And only they know what an enchanted place full of rare shrubs and flowers lies hidden there within the thicket-surrounded fastness. It is, to be sure, almost unbelievable that such an undrained place

The Bog

can be a unique and gardenesque spot. Yet, it is true that this water-logged situation has all these exceptional plants. It is surprising that here in the water the gray birches thrive. They are usually found in the driest situations. The red maples also grow here but they are dwarfed and look like seedlings; elsewhere they would have grown into slender trees. All the shrubs, too, have thick leathery leaves as if they were made to withstand constant lack of water. And, in truth, all the plants are really braving severe drought, physiological drought it is called, for the acidity of the bog is so great that it is difficult for them to obtain a sufficient supply of water.

This very difficulty makes a bog a garden that will always be rare, for only a place of extensive acreage can allow such an area to be left undrained. There, far from the house, this fascinating group of plants can be preserved or a bog may even be created with all the plants assembled in concentric zones about its water-drenched sphagnum.

THE BOG ASSOCIATION

TREES

<i>Acer rubrum</i>	Red Maple
<i>Betula populifolia</i>	Gray Birch
<i>Larix laricina</i>	American Larch
<i>Quercus palustris</i>	Pin Oak
<i>Ulmus americana</i>	American Elm

SHRUBS

<i>Amelanchier spicata</i>	Juneberry
<i>Andromeda glaucophylla</i>	Bog Rosemary
<i>Betula pumila</i>	Swamp Birch
<i>Chamaedaphne calyculata</i>	Leather Leaf
<i>Gaylussacia baccata</i>	Black Huckleberry

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SHRUBS (Continued)

<i>Ilex verticillata</i>	Black Alder
<i>Kalmia angustifolia</i>	Sheep Laurel
<i>Kalmia polifolia</i>	Pale Laurel
<i>Lyonia ligustrina</i>	Male Berry
<i>Rhododendron viscosum</i>	Clammy Azalea
<i>Rubus triflorus</i>	Dwarf Raspberry
<i>Salix candida</i>	Hoary Willow
<i>Salix discolor</i>	Glaucous Willow
<i>Vaccinium corymbosum</i>	High Blueberry
<i>Vaccinium corymbosum</i> var. <i>pallidum</i> ..	High Blueberry
<i>Vaccinium macrocarpon</i>	Large Cranberry
<i>Vaccinium Oxycoccus</i>	Small Cranberry
<i>Viburnum dentatum</i>	Arrow-wood

HERBS

<i>Arisaema triphyllum</i>	Jack-in-the-Pulpit
<i>Cicuta bulbifera</i>	Water Hemlock
<i>Cypripedium acaule</i>	Stemless Lady's Slipper
<i>Decodon verticillatus</i>	Water Willow
<i>Drosera rotundifolia</i>	Round-leaved Sundew
<i>Eriophorum callitrix</i>	Hare's Tail
<i>Eriophorum tenellum</i>	Cotton Grass
<i>Galium palustre</i>	Bedstraw
<i>Galium triflorum</i>	Sweet-scented Bedstraw
<i>Geum rivale</i>	Purple Avens
<i>Lysimachia terrestris</i>	Loosestrife
<i>Lysimachia thyriflora</i>	Tufted Loosestrife
<i>Maianthemum canadense</i>	Maianthemum
<i>Menyanthes trifolia</i>	Buckbean
<i>Orontium aquaticum</i>	Golden Club
<i>Pogonia ophioglossoides</i>	Pogonia
<i>Potentilla palustris</i>	Marsh Five-finger
<i>Sarracenia purpurea</i>	Pitcher Plant
<i>Sium cicutafolium</i>	Water Parsnip
<i>Thalictrum dioicum</i>	Meadow Rue
<i>Typha latifolia</i>	Cat-tail
<i>Viola conspersa</i>	Violet
<i>Viola pallens</i>	Sweet White Violet

FERNS

<i>Aspidium cristatum</i>	Shield Fern
<i>Aspidium spinulosum</i>	Shield Fern
<i>Aspidium Thelypteris</i>	Shield Fern
<i>Equisetum palustre</i>	Horsetail
<i>Onoclea sensibilis</i>	Sensitive Fern
<i>Osmunda regalis</i>	Flowering Fern

CHAPTER XII

THE SEASIDE

ALONG the North Atlantic coast with its far look to sea and with its great sweep of the sky, with its shelving rocks, undulating dunes and sandy flats, a small group of trees, shrubs and flowers grows with rugged vigor.

Here pitch pines are the stalwart trees. Their stout trunks, rough bark, angular branches and short needles make it possible for them to hold their own valiantly. The early settlers found them in great forests on the high cliffs of Maine, on the shores of Massachusetts, Connecticut, Long Island, New Jersey, in fact all along the coast as far south as Georgia. In some places pitch pines still make an evergreen background for the shore, in other places only a few scraggly trees remain. They are so noticeable, however, that this whole region is known as the pine barrens.

Oaks are almost as prominent. They grow up in the pitch-pine woods and form its principal undergrowth. Where the pines have been destroyed the oaks have become the important trees. They are never the great trees of the oak woodlands on inland ridges. Most of them are of medium size with a rough-branched picturesqueness and some are only

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low wind-blown scrubby bushes. There are several varieties. The black scrub oak, *Quercus ilicifolia*, thrives even among the bleak rocks of Maine. The post oak, *Quercus stellata*, braves the Massachusetts shore but grows better farther south where it mingles with the black jack oak, *Quercus marilandica*, and with the willow oak, *Quercus phellos*. Besides, there is *Quercus prinoides*, that grows with all these other species in Long Island, New Jersey and farther south.

Other trees and shrubs grow here. There are hollies and cedars, sassafras and amelanchiers, hawthorns, and wild cherries. There are willows and hazelnuts, chokeberries and beach plums. There are *Rhus copallina*, one of the sumachs, and occasional virburnums such as *Viburnum venosum*. Then, too, there are bayberries and inkberries, and a great variety of blueberries, dangleberries and huckleberries. There are roses, *Rosa humilis*, *Rosa blanda*, *Rosa virginiana*. There are New Jersey teas and sweet ferns, *Juniperus horizontalis*, one of the low-lying prostrate junipers, and the little-known *Pyrus arbutifolia* var., *atropurpurea* which is a delightful small shrub with rose pink flowers. Besides there are woody ground covers like coremas and hudsonias, bearberries and sand myrtles, and a vigorous group of herbaceous plants.

These are the plants that have adapted themselves to the rock-bound coast and sandy shore. They have the power to cope with barren soil and excessive dryness. They can brave the winds that sweep over them from the ocean. They are storm-tossed, gale-bent,

The Seaside

weather-gnarled. Exposure is the source of their significant beauty. Even their foliage is proof against the drying winds. Some leaves like those of the inkberries have thick leathery surfaces, some like the bayberries have a waxy bloom, and some like the willows have a hairy covering. These protective coatings, also, give the foliage its astonishing variation of tone. There is the deep green of the pines, the glossy green of the oaks, all the gray-greens of amelanchiers and bayberries, roses and beach plums, and even the more noticeable grayness of coremas and sand myrtles. This coloring is beautifully harmonious with the rocks and the sands. It is even more effective in the autumn, when the foliage turns to bronze and purple, rose and maroon.

There is something fundamental in this vegetation. It is surprising that it has ever been uprooted and that other plants have been used in its place. Its preservation retains natural settings for seaside houses. The houses themselves ought to be an integral part of the landscape. In order that this may be so, the close relationship that exists between buildings and their settings needs to be understood as the early settlers understood it when they built their houses solidly upon the windswept coast. These houses all fit the contours of the land, conform to the shelving ledges and even hide themselves in the undulations of the dunes. Their exteriors, whether they be of native stone, broad clapboards, or shingles, are harmonious in coloring, in feeling, in origin even, with their environment.

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The first place to reestablish the native vegetation is in defining the boundaries of the property. Roses, together with meadow-sweets and steeple bushes, can be grown in narrow borders about the smallest plot or in broad masses around the largest place. They are appropriate for both a cottage and a great rambling country house. For more rugged plantations hazels can be used. They have long been associated with gardens. Chokeberries make tall thick shrubberies. They have shiny foliage, hawthorn-like white flowers and little clusters of small red berries. Beach plums that cling tenaciously to sandy slopes, have low, sweeping branches that make them good for informal hedgings. But of all these plants the bayberries are best, not only because their rounded compact forms naturally make hedge-like formations, but because their silhouettes, their foliage, their gray waxy fruit, in fact the whole feeling of the plant, fits these surroundings.

None of these plants should be arranged in the usual stiff, straight hedges. They should be planted irregularly to blend with the undulating contours. If possible, several varieties should be used. Roses and blueberries, bayberries and dangleberries with groups of cherries and of sassafrases, of cedars, a few oaks and even an occasional pine will make a real hedgerow.

All these plants can, too, be brought up to the house. Their rugged forms adapt them to architectural masses. Bayberries, for instance, can be planted right against the house. They are rather difficult to

The Seaside

move, except in small sizes, but they have an astonishing adaptability. Sometimes, in very exposed places, they remain low like ground-covers and again in sheltered positions they become great rounded bushes, eight feet high or more, fine enough in form and foliage to be planted as accents beside the main entrance. Low plants, like *Pyrus arbutifolia* var. *atropurpurea*, roses, and inkberries can be planted under the windows. Blueberries can be used against wall spaces. They have fascinatingly angular twig-gage, wonderful foliage, and delicate white flowers. Crabs and hawthorns can be planted in groups to shelter the porch and terrace. Their flowers are as exquisite as the English May, their berries are a brilliant red, and their irregular forms make fascinating silhouettes against the house.

Such planting can be carried out from the house so as to cover the exposed stretches that slope down to the water. Low thickets of sweet fern and roses, bayberries, and huckleberries can be planted in the luxuriant way they naturally grow, with here and there an accenting group of taller shrubs and trees. And every blueberry bush, every oak, every pine that is growing there can be preserved to add a characteristic picturesqueness to the scene.

Such planting leaves no room for a lawn. In fact a lawn would be quite out of place. It has an unnatural look among the out-cropping rocks. It becomes sun-scorched and wind-dried. There are however, many natural grasses that stay green during the hot summer and then turn to tan and tawny tones

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in the fall. They are not too rough. Some, like the beard grass, are rather nicely tufted and make quite an even turf, while the rest are smooth enough to walk upon.

The paths that wander through these grasses and thickets can lead to gardens of native trees, shrubs and flowers. Pines wherever they exist can make the dark green background to the whole scene and hollies can be used as telling accents. The hollies do not grow as far north as Boston but they grow well in Long Island and in New Jersey as well as farther south. They are, to be sure, very slow growing. Like the pines they are extremely difficult to transplant. Rather large sized specimens are occasionally moved with success but even small trees are well worth transplanting for they are very decorative. Their scarlet berries make the tree a mid-winter wonder, and the shining foliage makes them effective throughout the year. With the pines and hollies some of the heaths can be effectively used. Pyxies, bearberries and sand myrtles can be planted as edgings and ground covers. The pyxie, or flowering moss, is a tiny plant that creeps close along the ground. It is really elfin-like when it is covered with little starry flowers. In some places the arbutus establishes itself with the pixies. The bearberries are lovely too. They spread the ground with carpets of shining evergreen leaves that shelter little urn-shaped white flowers. And the sand myrtles, or *Leiophyllum buxifolia*, are perhaps the most exquisite of them all. They are only a few inches high.

The Seaside

Their little branches have oval myrtle-like leaves and umbels of small white heath-like flowers. These plants blossom in the spring but their evergreen foliage make even summer use of them full of interest. In back of these small edgings evergreen sheep laurels with their rose-red flowers and the inkberries with their small leathery leaves can be inter-planted, and with these blueberries and huckleberries, for these plants together make a fascinating heath garden.

Most of the gardens should, however, be closer to the house, beside the porch or outside the living room. These gardens need not be gardens in the ordinary sense of the word. They need not be laid out in geometric shapes that relate their beds and borders, their paths and hedges to the straight lines of the house. They can be informal with planting that is arranged to fit the contours of the land and to make the most of rocky outcrops and sandy hollows. They can be tucked away within enclosures of beach plums, hawthorns, cherries or amelanchiers. The amelanchiers are, perhaps, the loveliest of all. Their soft silvery-white flowers cover their drooping leafless branches in foamy masses early in the spring. Their foliage is enjoyable all summer long. They can form a background for an intimate garden of the most delicate seaside flowers. The borders can be edged with hudsonias that cover their dense little tufts with heath-like flowers or with the heather that has become naturalized in many places. Or edgings can be made of *Corema conradii*, whose foliage is sage green and

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whose whorls of white bells are of exquisite workmanship. Then, rare-looking flaxes can be used in slender drifts, spiranthes or ladies' tresses in nice little groupings, gerardias in fascinating numbers. And masses of striking wild lupines, beach-pea, lespedezas, and adorable low blue asters with grassy foliage can be planted. These alone would make a blue garden as lovely as can be. A gayer garden, too, can be made, all of yellow flowers, with rock-roses, hypericums, and evening primroses, with golden-rods and the golden *Chryopsis falcata* that continues its summer bloom well into the autumn and crowds its much-branched clumps with bright aster-like flowers. Besides these, little accents of wild indigo can be added and little clusters of *Tephrosia virginiana*. This is the hoary pea or goat's rue that has fine compound leaves and pea-like yellow flowers with crimson keels. Here is bright color as up-to-date as you wish. A garden where burnt-orange butterfly-weed and orange-scarlet *Lilium philadelphicum* are intermingled would be even more fascinating and sufficient for mid-summer. The combination is astonishingly modern and particularly effective when it is near a silvery-gray house or against a background of cedar. All these flowers are particularly brilliant in the sunlight of the seaside but there is no crudity in the effect. The foliage helps to harmonize them with the sands, the rocks and the sea.

That is why these flowers are effective when they are grown right out in the open and allowed to spread freely over the rocks and the sand. There are so

The Seaside

many delightful ground covers, too, like *Cerastium arvense* that, for all its chickweed habits, makes a dainty spring effect with a profusion of starry flowers. It is especially delightful when it grows with the bird-foot violets. And there is the sand grass and *Polygonella articulata* and *Arenaria peploides*. These grow even in beach sand. The sandwort has flowers that sometimes are deep rose and sometimes white. The *Polygonella articulata* has foliage of yellow green that livens the sand. And then there is the curious prickly pear, *Opuntia vulgaris*, with its cactus-like leaves. Its clear yellow flowers are delicately formed as of spun glass and have a sheen like a rose. The hudsonias, too, grow in great masses over rock and sand. Many different everlastings like these situations. Even the *Corema conradii*, the bearberries and the sand myrtles grow out in the open. The spreading flatness characteristic of many of these plants offers an opportunity of trying interesting experiments. Instead of the graded heights that are used in most borders there can be an evenness of height which is better suited to exposed places and makes better foregrounds for views of the sea. Many of the plants are so low, in fact, that they are out of the direct sweep of the wind. Many, too, have billowy undulations like the dunes and the waves. They all are by their nature a part of their environment.

THE SEASIDE ASSOCIATION

TREES

<i>Betula populifolia</i>	Gray Birch
<i>Carya glabra</i>	Pignut

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TREES (Continued)

<i>Carya alba</i>	Mocker Nut
<i>Crataegus tomentosa</i>	Hawthorn
<i>Juniperus virginiana</i>	Red Cedar
<i>Liquidambar styraciflua</i>	Sweet Gum
<i>Nyssa sylvatica</i>	Black Gum
<i>Pinus rigida</i>	Pitch Pine
<i>Prunus serotina</i>	Wild Black Cherry
<i>Quercus alba</i>	White Oak
<i>Quercus coccinea</i>	Scarlet Oak
<i>Quercus illicifolia</i>	Black Scrub Oak
<i>Quercus marilandica</i>	Black Jack Oak
<i>Quercus phellos</i>	Willow Oak
<i>Quercus prinoides</i>	Oak
<i>Quercus Prinus</i>	Chestnut Oak
<i>Quercus rubra</i>	Red Oak
<i>Quercus stellata</i>	Post Oak
<i>Quercus velutina</i>	Black Oak

SHRUBS AND VINES

<i>Amelanchier canadensis</i>	Shad Bush
<i>Calluna vulgaris</i> *	Heather
<i>Ceanothus americanus</i>	New Jersey Tea
<i>Clethra alnifolia</i>	Sweet Pepperbush
<i>Corylus americana</i>	Hazelnut
<i>Crataegus</i> sp.	Hawthorn
<i>Gaylussacia baccata</i>	Black Huckleberry
<i>Gaylussacia dumosa</i>	Dwarf Huckleberry
<i>Gaylussacia frondosa</i>	Dangleberry
<i>Ilex glabra</i>	Inkberry
<i>Ilex opaca</i>	American Holly
<i>Juniperus horizontalis</i>	Juniper
<i>Kalmia angustifolia</i>	Sheep Laurel
<i>Lyonia mariana</i>	Stagger-bush
<i>Myrica asplenifolia</i>	Sweet Fern
<i>Myrica carolinensis</i>	Bayberry
<i>Prunus maritima</i>	Beach Plum
<i>Psedera quinquefolia</i>	Woodbine
<i>Pyrus arbutifolia</i> var. <i>atropurpurea</i>	Chokeberry
<i>Pyrus melanocarpa</i>	Chokeberry
<i>Rhus copallina</i>	Dwarf Sumach
<i>Rosa blanda</i>	Rose
<i>Rosa humilis</i>	Rose
<i>Rosa nitida</i>	Rose
<i>Rosa virginiana</i>	Rose
<i>Salix humilis</i>	Prairie Willow
<i>Sambucus racemosa</i>	Elder

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SHRUBS AND VINES (Continued)

<i>Sassafras variifolium</i>	Sassafras
<i>Smilax glauca</i>	Green Brier
<i>Spiræa latifolia</i>	Meadow-sweet
<i>Spiræa tomentosa</i>	Steeple Bush
<i>Vaccinium atrococcum</i>	Black High Blueberry
<i>Vaccinium caespitosum</i>	Dwarf Bilberry
<i>Vaccinium pennsylvanicum</i>	Low Sweet Blueberry
<i>Vaccinium stamineum</i>	Squaw Huckleberry
<i>Vaccinium vacillans</i>	Late Low Blueberry
<i>Vaccinium virgatum</i>	Blueberry
<i>Viburnum venosum</i>	Arrow-wood
<i>Vitis labrusca</i>	Northern Fox Grape

HERBS

<i>Ammophila arenaria</i>	Beach Grass
<i>Anagallis arvensis</i>	Pimpernel
<i>Andropogon scoparius</i>	Beard Grass
<i>Arctostaphylos Uva-ursi</i>	Bearberry
<i>Arenaria peploides</i>	Sandwort
<i>Asclepias amplexicaulis</i>	Milkweed
<i>Asclepias tuberosa</i>	Butterfly-weed
<i>Asclepias variegata</i>	Milkweed
<i>Asclepias verticillata</i>	Milkweed
<i>Aster concolor</i>	Aster
<i>Aster dumosus</i>	Aster
<i>Aster gracilis</i>	Aster
<i>Aster nemoralis</i>	Aster
<i>Aster novi-belgii</i>	Aster
<i>Aster patens</i>	Aster
<i>Aster spectabilis</i>	Aster
<i>Aster undulatus</i>	Aster
<i>Baptisia tinctoria</i>	Wild Indigo
<i>Calluna vulgaris</i>	Heather
<i>Carex pennsylvanica</i>	Sedge
<i>Cerastium arvense</i>	Chickweed
<i>Chimaphila umbellata</i>	Pipsissewa
<i>Chrysopsis falcata</i>	Golden Aster
<i>Chrysopsis mariana</i>	Chrysopsis
<i>Comandra umbellata</i>	Toad-flax
<i>Corema Conradii</i>	Broom Crowberry
<i>Crotonopsis linearis</i>	Crotonopsis
<i>Cyperus cylindricus</i>	Sedge
<i>Cyperus dentatus</i>	Sedge
<i>Cyperus filiculmis</i>	Sedge
<i>Cyperus Grayii</i>	Sedge
<i>Gerardia flava</i>	Downy False Foxglove

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HERBS (Continued)

<i>Gerardia purpurea</i>	Purple Gerardia
<i>Gerardia setacea</i>	Gerardia
<i>Gerardia virginica</i>	Smooth False Foxglove
<i>Gnaphalium purpureum</i>	Purplish Cudweed
<i>Helianthemum canadense</i>	Rockrose
<i>Hudsonia ericoides</i>	Hudsonia
<i>Hudsonia tomentosa</i>	Hudsonia
<i>Hypericum canadense</i>	St. John's-wort
<i>Hypoxis hirsuta</i>	Star Grass
<i>Lathyrus maritimus</i>	Beach Pea
<i>Lechea minor</i>	Lechea
<i>Lechea racemulosa</i>	Lechea
<i>Lechea villosa</i>	Lechea
<i>Leiophyllum buxifolium</i>	Sand Myrtle
<i>Lespedeza angustifolia</i>	Bush Clover
<i>Lespedeza capitata</i>	Bush Clover
<i>Lespedeza frutescens</i>	Bush Clover
<i>Lespedeza hirta</i>	Bush Clover
<i>Liatris elegans</i>	Blazing Star
<i>Liatris graminifolia</i>	Blazing Star
<i>Liatris squarrosa</i>	Blazing Star
<i>Lilium philadelphicum</i>	Wood Lily
<i>Linaria canadensis</i>	Toadflax
<i>Linum floridanum</i>	Flax
<i>Linum medium</i>	Flax
<i>Lupinus perennis</i>	Wild Lupine
<i>Lysimachia quadrifolia</i>	Loosestrife
<i>Monarda punctata</i>	Horse Mint
<i>Oenothera fruticosa</i>	Sundrops
<i>Oenothera linearis</i>	Evening Primrose
<i>Opuntia vulgaris</i>	Prickly Pear
<i>Panicum Addisonii</i>	Panic Grass
<i>Panicum Ashei</i>	Panic Grass
<i>Panicum columbianum</i>	Panic Grass
<i>Panicum Commonsianum</i>	Panic Grass
<i>Panicum depauperatum</i>	Panic Grass
<i>Panicum Lindheimeri</i>	Panic Grass
<i>Panicum oricola</i>	Panic Grass
<i>Panicum sphaerocarpon</i>	Panic Grass
<i>Panicum tsugetorum</i>	Panic Grass
<i>Panicum villosissimum</i>	Panic Grass
<i>Polygonella articulata</i>	Polygonella
<i>Polygonum monspeliensis</i>	Beard Grass
<i>Pyxidanthera barbulata</i>	Pyxie
<i>Solidago bicolor</i>	Golden-rod
<i>Solidago erecta</i>	Golden-rod
<i>Solidago odora</i>	Sweet Golden-rod

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HERBS (*Continued*)

<i>Solidago puberula</i>	Golden-rod
<i>Solidago sempervirens</i>	Golden-rod
<i>Solidago stricta</i>	Golden-rod
<i>Solidago tenuifolia</i>	Golden-rod
<i>Spiranthes gracilis</i>	Ladies' Tresses
<i>Tephrosia virginiana</i>	Hoary Pea
<i>Triplasis purpurea</i>	Sand Grass
<i>Viola pedata</i>	Bird-foot Violet
<i>Xerophyllum asphodeloides</i>	Xerophyllum

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<i>Psedera quinquefolia</i>	<i>Parthenocissus quinquefolia</i>	19
<i>Ribes vulgare</i>	<i>R. sativum</i>	19
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<i>Viburnum Lentago</i>	<i>V. lentago</i>	20
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